

ASSOCIATION OF LIFELONG LEARNERS

APRIL, MAY AND JUNE 2019 SPRING PROGRAM SCHEDULE



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SAVE THE DATE

THE HAPPENINGS

June 27, 2019

Picnic

Place and Time to Follow

THE HAPPENINGS

“Brainstorming Format for Future Programs”

Thursday, March 28, 2019

11 am – 2:00 pm

1st Congregational Church – 201 S. 2nd Ave., Alpena

We Will Be Honoring Our Past Coordinators

SPECIAL INTEREST GROUPS AND ONGOING ACTIVITIES



S01 - PICKLEBALL

Date: Mondays, Wednesdays & Fridays 4/1 thru 6/28/2019 **Time:** 9:00 am to 12:00 pm

Location: Apex

Cost: \$3.50 per hour Payable to the Apex

Coordinator: Dick Bremer

Phone: 727-8028

See you on the court when we play Pickleball at the Apex. All skill levels welcome.



S02 - DOMINOES - "MEXICAN TRAIN EXPRESS"

Dates: Tuesdays, 4/2 thru 6/25/2019

Time: 9:30 to 11:30 am

Location: M. Briggs Center

Coordinators: Barb Meek

Phone: 354-6923

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Express. This dominoes game does not have partners and can be played with two, three, four, five or more players. We will show you some tricks and techniques. You may join our class any time during the year.



S03 - JOURNAL WRITING

Date: Thurs: 4/4, 4/18, 5/2, 5/16, 6/6 & 6/20, 2019

Time: 12:00 to 1:30 pm

Location: M. Briggs Center

Minimum #: 4 **Maximum #:** 15

Coordinator: Carey Rapin

Phone: 354-3046

This session invites us to write – for ourselves or for others. Journal writing is a first step for creating stories, capturing memories, and exploring our ideas and feelings. We will write for fun and insight, in a no-pressure workshop. Sessions will provide prompts for writing, but you will be free to write about whatever you choose and do as much or as little writing and sharing as our time allows. The purpose is to have time devoted to exploring our creative spirits through writing. Bring paper (or journal), pens or pencils or a computer – whatever you need to be comfortable writing.

Carol O'Connor uses journaling to capture thoughts and feelings about daily life, to bring more understanding about the small moments that help shape her beliefs and connection to others.

Carey Rapin began journaling as a teenager, used it as a tool in the grief support groups she facilitated for Hospice, which encouraged expression of feelings, and has begun writing her legacy for her children.

MaryAnn Krajnik Crawford has been a personal journal writer and teacher of writing for many years. Retired from Central Michigan University as emeritus professor of English and director of the CMU Writing Center, she continues to write for the fun of it.



S04- CONTRACT BRIDGE

Dates: Fridays, 4/5 thru 6/28, 2019

Time: 12:30 to 3:00 pm

Location: M. Briggs Center

Coordinator: Joyce Iles

Phone: 989-471-8098

This is an ongoing group of card players who welcome any players at any time. We are a teaching class but welcome experienced players also.



S05 – WRITING WORKSHOP: SHARING OUR STORIES

Date: Wednesday, 4/10, 5/8 & 6/12, 2019

Time: 2:00 to 3:30 pm

Location: M. Briggs Center **Minimum #:** 4 **Maximum #:** 12

Coordinator: Mary Ann Crawford

Phone: 278-8575

This writing workshop series focuses on writing, sharing, and feedback. Everyone has stories, some are told, some are written, and some, like memoir, are written to be shared with others. Sessions will examine issues with writing, share techniques for writing and revising, and practice some editing. Participants write between sessions, share their writing at sessions, and get feedback that they can use for revising and polishing their stories.

Mary Ann Krajnik Crawford has taught writing for many years; she especially enjoys creative nonfiction and memoir writing. She moved to Alpena after retiring from CMU as emeritus professor of English and director of the Writing Center. She serves on the ALL board, teaches writing online, and continues to write for the fun of it.



S06 - FOCUS ON FUN CAMERA CLUB

Dates: Third Wednesdays, 4/17, 5/15 & 6/19, 2019

Location: M. Briggs Center

Coordinator: Ray Zielinski

Time: 1:30 to 3:30 pm

Phone: 379-4766

Picture an informal monthly meeting where you share the joy of photography. From beginning photographers to experts, members have widely varying degrees of photographic expertise and experience and are willing to share their knowledge. Each month a photographic topic is chosen and the fun begins. You will be welcomed.



S07 - LEARNING TO PLAY THE UKULELE

Date: Mondays 4/1 thru 6/24, 2019

Location: M. Briggs Center

Coordinator: Not Needed

Time: 1:00 to 2:30 pm

This special interest group meets weekly on Mondays to learn the basics of playing the Ukulele. Come join the fun and see how easy it is to become a ukulele player. Limited loaner Ukuleles available to try. **Gloria Beth** led twelve ukulele beginners at Pittsfield Senior Center for four years.

S08 PIZZA CRAWL #1

Date: Wednesday, April 10, 2019

Location: Nick's Diner, 3023 US-23 S, Alpena, Michigan

Cost: Order from menu

Coordinator: Sue Nagy & Linda Wallace

Time: 12:30 pm

Phone: 989-736-7105

989-379-2760

We have done a Coney Crawl, Burger Bash and now we will do a pizza challenge to see who has the best pizzas.

S09 ZONING AND PLANNING IN ALPENA TOWNSHIP (RESCHEDULED)

Date: Thursday, April 11, 2019

Location: M. Briggs Center

Coordinator: Pauline Buchner

Time: 1:00 – 2:00 pm

Phone: 340-0391

Presentation on the need for community zoning and planning followed by a presentation on zoning and planning in Alpena Township. The program will include presentation of the updated Alpena Township master land use plan and a discussion of updated township zoning ordinances.

Tom Hilberg is an active member of the Alpena community and is current Chairman of the Alpena Township Planning Commission. He is a retired Civil Engineer from the Michigan Department of Transportation having served in both road design and road construction. He is a graduate of Michigan Technological University.

S10 BREXIT - THE AFTERMATH OPEN TO THE PUBLIC

Date: Thursday, April 11, 2019

Location: CTR 114

Coordinator: Ann Hardesty

Time: 7:00 - 8:30 pm

Phone: 471-5304

This session is follow up to the previous presentation on Brexit given the level of interest. This session provides opportunity to discuss what has transpired regarding the March 29 separation. What has manifested with Brexit? What does it mean for all parties, including us? Where are we? This session is discussion based, so bring your thoughts and share.

Tim Kuehnlein is an instructor of Political Science and History and was the Endowed Teaching Chair Award recipient for 2016 at ACC. As past president of the Thunder Bay Arts Council Tim was instrumental in helping to bring art to the community.

S11 NEMSCA SENIOR SUPPORTS PROGRAMS

Date: Tuesday, April 16, 2019

Location: M. Briggs Center

Coordinator: Marcia Connolly

Time: 1:30-3:00 pm

Phone: 356-2582

There are numerous programs to assist seniors with meals and home based care through support of NEMSCA. Learn about Nutrition Programs of congregate and home delivered meals. In-home services such as homemaking, personal care, home-delivered meals and respite care for those who need help with certain activities of daily living are available. They mobilize services that can help you live in community setting rather than move to a nursing home. They also help seniors and adults with disabilities return home from nursing homes. Adult day centers are another support for caregivers while providing care and companionship for older adults.

Laurie Sauer is the Region 9 Area Agency on Aging Director. She manages the programs in 12 counties in northeast Michigan with offices in Alpena, Cheboygan and West Branch.

S12 PIZZA CRAWL #2

Date: Wednesday, April 17, 2019

Location: 19th Hole, 1081 US-23, Alpena, MI

Cost: Order from menu

Coordinator: Sue Nagy & Linda Wallace

Time: 12:30 pm

**Phone: 989-736-7105
989-379-2760**

This is the Pizza Challenge at spot number two.

S13 ALPENA PUBLIC SCHOOLS PROPOSED BOND ISSUE

Date: Thursday, April 18, 2019

Location: M. Briggs Center

Coordinator: Pamela Borchert

Time: 10:00 – 11:00 am

Phone: (989) 464-6044

An important bond issue for Alpena Public Schools will be on the May 7 ballot. There are major repairs and security issues that must be addressed in the Alpena Schools. To see a list of the tentative plans, see the school website at www.alpenaschools.com. Dr. VanWagoner will talk about these concerns and why the bond issue is a necessity. He will discuss the disparity in funding between the Alpena School District and some of the downstate school districts.

Dr. VanWagoner has worked in education for over 20 years as a teacher, school administrator, instructional specialist, high school redesign manager, legislative liaison for the Michigan Department of Education, Associate Superintendent at the county level, and his current role as Superintendent of Alpena Public Schools in Alpena, Michigan. He holds a B.A. in Secondary Education from Saginaw Valley State University (MI), M.S. in K-12 Education Studies from Michigan State University, M.A. in K-12 Educational Leadership, and a Ph.D. in K-12 Education Leadership from Western Michigan University.

S14 THE WAR ON DRUG COSTS AND OPIOIDS

Date: Tuesday, April 23, 2019

Location: M. Briggs Center

Coordinator: Marcia Connolly

Time: 1:30 - 3:00 pm

Phone: 356-2582

Learn about the impact of drug development and other market factors on costs and also how to maximize benefits of prescription insurance and identify tips for saving on medications. We will discuss appropriate use of opioid medications from the view of a pharmacist.

Laura Caplis, Phar.D., is the Pharmacy Manager at MidMichigan Medical Center - Alpena for the last nine years. She has worked there for 16 years. She is an Alpena native and lives here with husband John and their three children. She graduated from Ferris State University in 2003.

S15 PIZZA CRAWL #3

Date: Wednesday, April 24, 2019

Location: JJ's Steak & Pizza, 411 N 2nd Ave, Alpena, MI

Cost: Order from menu

Number of attendees? Minimum #:

Maximum #:

Coordinator: Sue Nagy & Linda Wallace

Time: 12:30 pm

**Phone: 989-736-7105
989-379-2760**

This is spot number three for the Pizza Challenge

S16 HAWAIIAN ISLANDS LIVE

Date: Thursday, April 25, 2019

Location: Besser Planetarium

Cost (if any): \$3 per person

Number of attendees? Minimum #: 1

Maximum #: 51

Coordinator: Janet Romas

Time: 10:30 - 11:30 am

Phone: 464-8903

Guests will be presented with a live performance of the Hawaiian Islands in the planetarium. The presentation will cover topics such as geology, environmental science, astronomy, and the unique conditions that Hawaii presents to each of them. The show will be a live performance, that is, the presenter will be speaking while they use digital planetarium assets to enhance the entertainment and educational aspects of the show.

Johnathan Winckowski, Planetarium Coordinator for the Besser Museum of the Northeast. Johnathan comes from the Toledo, Ohio area after graduating with a bachelor's in Physics, with a concentration in astrophysics.

S17 LEARN THE ART OF CREATING TANGLES (DOODLES) INTO ART

Date: Thursday, April 25, 2019

Time: 1:30 – 3:00 pm

Location: M. Briggs Center

Number of attendees? Minimum #: 5

Maximum #: 15

Coordinator: Nancy Pohl

Phone: 464-8859

No artist drawing ability required. Susan Stacey will teach you the basics of tangling, which is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. These patterns are called tangles. You create tangles with combinations of dots, lines, simple curves, S-curves and orbs. These simple shapes are the "Elemental Strokes" in all tangle art. These patterns are drawn on small pieces of paper called "tiles." They are called tiles because you can assemble them into mosaics. Tangle art is non-representational and unplanned so you can focus on each stroke and not worry about the result. Join us and learn a fun and relaxing way to create beautiful designs with no artistic skills required. There are no expensive tools required just a piece of heavy weight paper, pencil and a micron pen. All of these will be supplied at the class.

Susan Stacey is a fiber artist who discovered the art of tangles about eight years ago. She is self-taught and has learned to use the tangle designs in her felted works. She has taught this class several times using different mediums.

S18 GREAT DECISIONS

Date: Thursdays, April 25, May 9, May 23, June 6, June 20 2019

Time: 3:30 to 5:00 pm

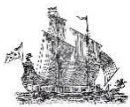
Location: M. Briggs Center

Coordinator: Mike Mandrick

Phone: 356-6136

DESCRIPTION of Presentation: The Association of Lifelong Learners will continue the 2019 series of Great Decisions discussions. There remain five topics for 2019 centered on foreign policy. The April 25 topic will be The Rise of Populism in Europe. The May 9 topic will be Decoding U.S. – China Trade. The May 23 topic will be Cyber Conflicts and Geopolitics. The June 6 topic will be The United States and Mexico: Partnership Tested. And the final topic for June 20 will be State of the State Department and Diplomacy.

There is a "Great Decisions" discussion booklet on reserve at the ACC library. The program usually begins by viewing the accompanying Great Decisions DVD, a twenty to twenty-five minute presentation. No special background is needed to join in for a lively, informative discussion. Contact the ALL office to place an order for a discussion book for yourself.



S19 THE SEARCH FOR GRIFFON

Date: Thursday, April 25, 2019

OPEN TO THE PUBLIC

Time: 7:00 - 8:30 p.m.

Location: Theatre at Great Lakes Maritime Heritage Center

500 W. Fletcher St. Alpena

Coordinator: Kate Hall

Phone: 356-0949

This program is presented in partnership with Thunder Bay National Marine Sanctuary.

Believed to be a 45-ton barque, the *Griffon* was the largest sailing vessel on the Great Lakes in 1679 when it set sail along with 32 crew members. After trading for a load of furs, she set sail for Niagara across today's Green Bay where she vanished with the remaining six crew members. Many theories and searches later -one of the more recent ones in 2015-- there may be more new developments.

Dean Anderson, Ph.D. is the Michigan State Archaeologist. The State Archaeologist records, investigates, interprets and protects Michigan's archaeological sites, and maintains the official database of recorded archaeological sites located both on land and underwater.

S20 IS THERE MORAL REALISM? (RESCHEDULED)

Date: Tuesday, April 30, 2019

Time: 1:30 to 3:00 pm

Location: M. Briggs Center

Coordinator: Jim Falk

Phone: 379-3305

How do you avoid the twin catastrophes of moral fundamentalism, both secular and religious, and moral relativism? How do you ground morality on a solid basis without being brought into the quagmire of these two positions? Can we agree on a solid basis of determining right and wrong? How do we oppose "undo suffering" in the world and bring about more "well-being". We will look at the insights of Sam Harris, a modern atheist, and Jordan Peterson, Rupert Sheldrake, modern theists and religious thinkers and find they have more in common than most would think.

Bob Case is a pastor emeritus from the First Congregational United Church of Christ and is beginning to enjoy his full retirement. He is a popular regular presenter for ALL.

S21 PIZZA CRAWL #4

Date: Wednesday, May 1, 2019

Time: 12:30 pm

Location: Mancino's Pizza and Grinders, 1235 S State Ave, Alpena, MI

Cost: Order from menu

Coordinator: Sue Nagy & Linda Wallace

**Phone: 989-736-7105
989-379-2760**

Here is Pizza Challenge number four.

S22 AROUND THE GREAT LAKES BY CANOE

Date: Thursday, May 2, 2019

Time: 1:30 to 3:30 pm

Location: CTR 106

Coordinator: Ron Young

Phone: 989-884-4011

In early 2009 Mr. Brede quit his job and spent the summer paddling his canoe around Lake Huron. In subsequent summers he paddled around Lake Michigan (2010), Lake Erie (2012), and Lake Ontario (2013). He paddled the south shore of Lake Superior in 2014 and the north shore in 2015. During his talk he will discuss the challenges of paddling and camping during his 3,800-mile solo voyage, and describe the amazing places, people and animals he encountered. The overview will be complemented by some of the thousands of photos he took along the diverse coasts of the world's largest group of freshwater lakes. These voyages taught him self-reliance, showed him the generosity of strangers, and instilled in him a reverence for the lakes and concern for their future. The presentation will be followed by a question and answer period.

Stephen Brede is a writer and photographer living in Petoskey, Michigan. He completed a 3,800 mile solo voyage by canoe around each of the great lakes from 2009 to 2015.

S23 ChEARS TO THE NEW YEAR! RESCHEDULED

Date: Tuesday, May 7, 2019

Time: 1:30 - 2:30 pm

Location: M. Briggs Center

Number of attendees? Minimum #: 10 Maximum #: 60

Coordinator: Kathy Crawford

Phone: 370-3819

Kristen Kowalski, Au.D, received her undergraduate from Michigan State University in 2007. In 2011, she earned her Doctor of Audiology degree from Wayne State University. Dr. Kowalski completed her externship training at the University of Michigan Health System in 2011. After graduation, she joined the University of Michigan Health System's Division of Audiology as a clinical audiologist working in the pediatric and adult hospitals and clinics. Most recently, Dr. Kowalski developed an audiology clinic for the MidMichigan Health System in Alpena, Michigan. Dr. Kowalski is delighted to work with Great Lakes Ear, Nose and Throat Specialists serving patients at three locations - Alpena, Petoskey and Gaylord. Her specialized areas of interest include auditory processing disorders, tinnitus, cognitive health/dementia, adult aural rehabilitation, and pediatric evaluation and management.

S24 PIZZA CRAWL #5

Date: Wednesday, May 8, 2019

Time: 12:30 pm

Location: Pizza Hut, 2131 US 23 S, Alpena, MI

Cost: Order from menu

Coordinator: Sue Nagy & Linda Wallace

**Phone: 989-736-7105
989-379-2760**

And Pizza Challenge number five.

S25 MYANMAR (BURMA) AND SRI LANKA (CEYLON) FROM A TOURIST'S PERSPECTIVE

Date: Thursday, May 9, 2019

Time: 1:30 - 3:00 PM

Location: M. Briggs Center

Coordinator: Marlene Werda

Phone: 354-2822

Two diverse and strikingly different countries far off the beaten path. **MYANMAR.** With thousands of years of history Myanmar was known as Burma until 1989 when the English name was officially changed to Myanmar. Major tourist areas include Yangon (Rangoon), Bagan, and the Mandalay area. We will explore geography, Burmese Buddhism, pagodas (stupas), festivals, ceremonies, dance...and my personal favorite...food. **SRI LANKA.** Another country with thousands of years of history, much of it Buddhist and Hindu dynasties. "Modern" Sri Lanka began to develop as it was a key trading hub for the Portuguese, Dutch, and British...which last controlled this "colony" as Ceylon. Years of civil war and conflict followed and the country's name was changed to Sri Lanka in 1972. Spices and tea have dominated the economy for centuries. Sri Lankan culture also holds a special place for elephants (which we will examine). Again...the best way to experience a country is to hang out where the locals do.

Rocky Roland is a retired USAF Colonel, having spent 26 years in the Air Force as a fighter pilot, with other "interesting" duties. He was on the faculty at the Naval War College and with his wife, Ginny, has lived all over the U.S. and the world—including Germany, Thailand, Korea, and China. Rocky and Ginny are inveterate travelers and have visited over 80 countries in their travels.

S26 LOOKING BENEATH THE SURFACE: USING EMERGING TECHNOLOGY TO EXPLORE GREAT LAKES SINKHOLES AND ECOSYSTEMS

Date: Thursday, May 9, 2019

OPEN TO THE PUBLIC

Time: 7:00 pm (Doors open at 6:30 pm)

Location: Great Lakes Maritime Heritage Center Theater

Number of attendees? Maximum #: 100

Coordinator: Stephanie Gandulla

Phone: 989-884- 6212

Steve Ruberg will talk about emerging technologies that have furthered our understanding of Great Lakes ecosystems and are leading to exciting discoveries in Lake Huron sinkholes.

Steve Ruberg is a researcher for NOAA's Great Lakes Environmental Research Laboratory (GLERL) based in Ann Arbor, Mich. With a Master of Science degree in Systems Engineering from Wright State University and a Bachelor of Science degree in Electrical Engineering from the University of Kentucky, Ruberg deploys advanced environmental measurement technology using innovation in the fields of electronics, mechanics, and software engineering. The instrumentation is used for oceanographic, biological, chemical, and water resources data collection such as that used to study sinkholes in the Great Lakes.

S27 A TOUR OF THE ALPENA NEWS

Date: Monday, May 13, 2019

Time: 3:00 pm

Location: The Alpena News, 130 Park Place, Alpena, Mich., 49707

Number of attendees? Maximum #: 20

Coordinator: Linda Jewell

Phone: 657-4771

Justin A. Hinkley, managing editor at The Alpena News, will provide a tour of the plant at *The Alpena News* and explain how the paper comes together each day. He will talk about the makeup of the newsroom, reporters' beats, and how stories are chosen for each day's paper. He will also answer questions.

Justin A. Hinkley has been managing editor of The News since July 2018. Before that, he was an investigative reporter for the *Lansing State Journal*, focusing on coverage of state government, for four years and before that he worked eight years at the *Battle Creek Enquirer*, covering everything from local government to local musicians to education.

S28 THUNDER BAY TRANSPORTATION TOUR

Date: Tuesday, May 14, 2019

Time: 1:30-3:00 pm

Location: TBTA Garage and Administrative office
3859 US 23 North, Alpena, MI

Coordinator: Marcia Connolly

Phone: 356-2582

Come see the new facility from which TBTA provides public transportation services for Alpena, Montmorency, Alcona County and the City of Alpena. They contract with AMA Education Service District, NEM CMH as well as the City of Alpena and the community at large to maintain transportation services in those areas noted. Learn about their fares, scheduling, and special services.

Andrew Sundin is the Operations Manager at TBTA. He works with a board of directors representing City of Alpena, AMAESD, Alcona County, Montmorency County and NEMSCA.

S29 HISTORY OF SPAIN FROM 1900

Date: Thursday, May 16, 2019

Time: 3:00 – 4:00 pm

Location: M. Briggs Center

Coordinator: Mike Mandrick

Phone: 356-6136

This presentation will be a brief overview of the History of Spain from 1900, from political upheavals and cultural changes to today's Spain as one of the modern "Euro" countries.

Jamie Diaz-Trechuelo Sanchez- Molini is a native of Spain and currently in Alpena as a foreign exchange student.

S30 WHAT IS WET FELTING?

Date: Friday, May 17, 2019

Time: 10:00 – 11:30 am

Location: Susan Stacey's Home Studio, 19830 County Road 459, Hillman, MI

Number of attendees? Minimum #:

Maximum #: 15

Coordinator: Wanda Discher

Phone: 742-3222

Susan Stacey will demonstrate the wet felting process of taking wool roving and continually rubbing the wool fibers together with mild soap and warm water to form a firm felted object. She will also tell you about the history of felting and how it has been used for 100's of years.

Susan Stacey is a fiber artist that uses different felting techniques to create wall hangings, home décor items and scarves. In 2009 Susan became interested in felting while living in Arizona, a friend was learning to needle felt through the local fiber arts guild and encouraged her to try the technique. She took one workshop and was hooked. Susan had

been involved in the arts when she was younger, mostly design sketching and some painting but daily life took over and she didn't have time to devote to her creative side. Meeting other fiber artist and learning from them brought out her creative side which she has found great joy. Her love of color and pushing the boundaries of each felting technique keep her learning new ways to manipulate the fibers. The types of fibers used in her felted pieces include silk fabrics from thrift stores, yarns and ribbons of all types, wool roving from different breeds of sheep and anything she can find that will felt. She has studied with a master felt artist from Australia and several accomplished fiber artists in Arizona. Her designs lean toward the more abstract, even when she starts a new piece with the intention of creating a realistic piece it generally will end up more abstract. Susan was the featured artist for November and December at the Thunder Bay Arts Council Gallery. She lives in Hillman with her husband and when she's not in her studio working, she's probably volunteering. She is originally from Illinois and ended up in Northern Michigan when she married a Michigander.

S31 UNDERSTANDING THE BIBLE

Date: Tuesday, May 21, 2019

Time: 1:30 – 3:00 pm

Location: M. Briggs Center

Coordinator: Joy Shoemaker

Phone: 354-5951

How do we take the Bible seriously but not literally? This will be a look at Marcus Borg's "Reading the Bible Again for the First Time" which looks at progressive Christian's use of the central document of the Christian faith by a leading New Testament scholar. He is well known for writing for the average layperson. Whether you agree or disagree this will be a chance to look at your understanding of the Bible.

Bob Case is a pastor emeritus from the First Congregational United Church of Christ and is beginning to enjoy his full retirement. He is a popular regular presenter for ALL.

S32 OUR COURTS RESCHEDULED

Date: Wednesday, May 22, 2019

Time: 12:15 - 1:15 pm

Location: M. Briggs Center

Coordinator: Marlene Bartz

Phone: 340-1718

Judge Thomas LaCross will speak on the jurisdiction of Probate and the 88th District Court. Judge LaCross will also update and comment on the addiction epidemic including the remedies that are being attempted along with what is happening in the drug court.

Judge Thomas LaCross has been a judge for ten years, following 23 years of work as an attorney. His education includes CMU, Madonna University and a law degree from Wayne State University.

S33 HISTORY OF THE CIVILIAN CONSERVATION CORP (CCC) RESCHEDULED

Date: Thursday, May 23, 2019

Time: 10:30 am – 11:30 am

Location: M. Briggs Center

Coordinator: Ron Young

Phone: 989-884-4011

The Civilian Conservation Corps (**CCC**) was a public work relief program that operated from 1933 to 1942 in the United States for unemployed, unmarried men. The CCC was a major part of President Franklin D. Roosevelt's New Deal that provided unskilled manual labor jobs related to the conservation and development of natural resources in rural lands owned by federal, state, and local governments. The CCC was designed to provide jobs for young men and to relieve families who had difficulty finding jobs during the Great Depression in the United States. The American public made the CCC the most popular of all the New Deal programs.^[4] Sources written at the time claimed an individual's enrollment in the CCC led to improved physical condition, heightened morale, and increased employability. The CCC also led to a greater public awareness and appreciation of the outdoors and the nation's natural resources, and the continued need for a carefully planned, comprehensive national program for the protection and development of natural resources. This program will discuss the politics, history, and the impact the program had on NE Michigan.

Dr. Mary Ann Heidemann is a community planner with a love of the outdoors, and special interest in historic sites and structures. She holds Master degrees in Public Administration and Historic Preservation, as well as a Doctorate in Land Resources. During her career, Mary Ann has worked with communities throughout Northeast Michigan to improve land use, infrastructure, and the quality of life.

S34 CONA, SCHOOL THERAPY DOG

Date: Tuesday, May 28, 2019

Time: 1:30-3:00 pm

Location: Briggs Center, ACC

Coordinator: Marcia Connolly

Phone: 356-2582

DESCRIPTION of Presentation: Come meet Cona and learn how this puppy is going to help students in Alcona Elementary School be more successful in improving their behavior, attendance and reading ability. Learn about this

project which was started by an enthusiastic school success worker and funded by the local community through paw print stickers. Learn how he was selected and trained and follow him on his own Facebook page.

Ellen Mael Fritz-Wilson is a school success worker at Alcona Elementary School who with approval from school administration and staff as well as her supervisor at NEMSCA, Dorothy Pintar, initiated this dog therapy program which is modeled after other proven successes in Michigan. School success program serves those students considered at-risk for academic failure.

S35 THE FIVE STATES OF WASHINGTON

Date: Wednesday, May 29, 2019

Time: 1:30 - 3:00 pm

Location: M. Briggs Center

Coordinator: Barb Mink

Phone: 464-7025

Did you know that it is alleged that the state of Washington is really FIVE states: the Pacific coast; the volcanoes-Mt. Rainier, Mt. St. Helens and Mt. Baker; the Columbia River Gorge; the Eastern desert including the tri-cities; and the Cascades? The fall of 2018 was beautiful in all of them and a visit there would be a great way for anyone to spend part of October this year (as long as the rain holds off!)

The Kinney's will use any excuse to travel: a meeting, a conference, a wedding, a new house for a niece. Washington has been *the* place to go for the last several years, and they will let you in on some not-so-secret favorite places.

S36 FOUR ISLANDS IN THE MIDDLE OF NOWHERE—THE MALDIVES; THE SEYCHELLES; MAURITIUS; AND REUNION ISLAND—A TOURIST'S PERSPECTIVE

Date: Thursday, May 30, 2019

Time: 1:30 - 3:00 pm

Location: M. Briggs Center

Coordinator: Sandy Paquette

Phone: 354-3906

Cruise stops at these four islands or island groups give an opportunity to explore the diverse history and cultures of these islands that span the Indian Ocean from near Sri Lanka to just off the coast of Madagascar. The influences of Dutch, French, and British rule permeate the islands, yet they have developed widely varying cultural, religious, political and economic identities. Our personal experiences will hopefully help us give detail and life to these remote island nations and protectorates.

Rocky and Ginny Roland are active ALL members and inveterate travelers. They have been married for 48 years and their passion for travel was fueled by their experiences living overseas while Rocky was a pilot in the USAF. They have lived and worked in Germany, Thailand, Korea, and China. In the last 15 years they have taken over ten cruises, many to somewhat exotic locations with four or five longer than 30 days each. Last year they ventured out on a 39-day land tour (backpacking style) that hit most of the Balkan nations. Rocky and Ginny often share their travel experiences with ALL, and their most recent adventure—a 77-day cruise from Singapore to Malaga, Spain—will supply fodder for several ALL presentations.

S37 THE ECONOMICS OF HOT BUTTON PUBLIC ISSUES

Date: Tuesday, June 4, 2019

Time: 1:30 – 3:00 pm

Location: M. Briggs Center

Number of attendees? Minimum #: 8

Maximum #:

Coordinator: Mike Mandrick

Phone: 356-6136

This discussion will center around: 1) Why are women paid less while men are working less, 2) Health insurance for all.... or maybe not. The economic effects of the Affordable Care Act. 3) The deception of Green Energy. The unsustainability of wind farms, solar panels and electric cars.

Joe Gentry is a former adjunct economics instructor for ACC and currently serves as a trustee for Alpena Community College.

S38 #1 RAILROADS IN CANADA OVER THE LAST FORTY YEARS. PROGRAM #2: ALPENA'S CHARM AND HISTORICAL ARCHITECTURE BY TROLLEY BUS

Date: Wednesday, June 5, 2019

Time: 1:30 pm

Location: 540 Forest Hills Dr. Alpena, MI

Number of attendees? Maximum #: 25

Coordinator: Deloris Law

Phone: 356-2846

Presentation #1 will feature photographic views of freight and passenger trains across Canada over the last forty years. Program #2 features views of Alpena's Trolley Buses rolling through historical neighborhoods. Early 1900's views of these areas will also be presented. The power point presentations will be shown in Ron's home theater.

Ron Cady is a retired high school teacher with an interest in railroads and area history

S39 MOVEABLE FEAST - PARKER HOUSE

Date: Wednesday, June 5, 2019

Time: 6:00 pm

Location: Parker House 24732 US 23 Presque Isle 595 6484

Coordinator: Linda Wallace

Phone: 989-379-2760

Won't you join us as we add a new adventure to our dining experience? Parker House is under new management and we are eager to try it out for the first time. Singles and couples alike gather to socialize over a meal. As usual, we will order from the menu our entrée of choice. Guests are always welcome. Hope to see you there.

S40 SPRING BIKE RIDE

Date: Thursday, June 6, 2019

Time: 9:30 am – 12:30 pm

Location: Herman Volger Conservative Area

Coordinator: Bill Haase

Phone: 989-340-2123

The annual spring 16-mile ride explores the Herman Volger Conservation Area, Hoeft Park, Rogers City Marina and Forty Mile Lighthouse. The route is a paved bike-way along Lake Huron and city streets. Lunch along the way will be part of the experience. Experienced bikers call this one of the most scenic biking routes in northern Michigan.

Bill Haase has organized many ALL bike rides and is a current Executive Board Member for ALL.

S41 PROPERTY TITLE, EASEMENTS AND PUBLIC WATER ACCESS

Date: Friday, June 7, 2019

Time: 10:30-11:30 am

Location: M. Briggs Center

Coordinator: Marcia Connolly

Phone: 356-2582

A discussion near and dear to all of us who love the woods and waters of Northeast Michigan and the Great Lakes will revolve about property title, easements and public water access. Judy McFalda will review legal issues we should be aware of.

Judy McFalda is a lifelong resident of northern Michigan. She is a practicing attorney in Rogers City and a strong supporter of ALL. She specializes in family law, elder law and estate planning.

S42 FROM SINKHOLES TO STARS - A SHOW AND TELL

Date: Monday, June 10, 2019 **OPEN TO THE PUBLIC**

Time: 7:00 pm

Location: Location: Great Lakes Maritime Heritage Center Theater

Number of attendees? Maximum #: 100

Coordinator: Stephanie Gandulla

Phone: 989-884- 6212

Dr. Biddanda will draw upon his sinkhole research in the Thunder Bay National Marine Sanctuary, which he began in 2003, and the relevance of his findings to the understanding of life on Earth and implications for signs of life beyond our planet.

Dr. Bopaiah Biddanda is an aquatic microbial ecologist interested in carbon biochemistry of natural waters. He is a faculty member of Grand Valley State University's Annis Water Resources Institute, conducting research on the carbon cycle of Lake Michigan and the ecology of submerged sinkholes in Lake Huron.

S43 BOOK LOVER'S GATHERING

Date: Tuesday, June 11, 2019

Time: 1:30 – 3:00 pm

Location: M. Briggs Center

Coordinator: Carey Rapin

Phone: (989) 354-3046

Books, Books, Books! Do you ever wonder what book you should read next? Join us for an afternoon of sharing suggestions given by each of us regarding a favorite book or author. A list is made for future reference and if desired bring a book to share in our book exchange.

"Literature is a textually transmitted disease, normally contracted in childhood." Jane Yolen

Carey Rapin looks forward to our quarterly Gathering.

S44 CORKSCREW & CANVAS

Date: Tuesday, June 11, 2019

Time: 4:00 pm

Location: Art in the Loft, 109 N Second Ave, Suite 300

Cost): Special ALL price of \$15 per person.

Number of attendees? Minimum #: 6

Coordinator: Pauline Buchner

Phone: 340-8391

Create your very own painted Masterpiece while enjoying a glass of wine or a microbrew beer. Class is intended for all levels and skills of artist. Join your fellow ALL members for a fun afternoon of creating a beautiful painted piece of art.

Justin Christensen-Cooper, Executive Director of Art in the Loft and accomplished artist will be our guide. Justine has taught this class many times and like to see people have fun while creating a piece of art to take home.

S45 SET IN STONE

Date: Thursday, June 13, 2019

Time: 1:00 – 2:30 pm

Location: Crow Memorials, 1451 W. Washington Ave., Alpena (next to Evergreen Cemetery)

Number of attendees? Minimum #: 7

Maximum #: 18

Coordinator: Annette Fortier

Phone: 989-370-7778

Learn about Crow Memorial's history, view artifacts and photos discovered at the store. A headstone tells a story about the person it memorializes. Enjoy a fascinating insight into the memorial industry. Learn the history behind why we create memorials and monuments. Discover the meaning behind the symbols carved on headstones and the step by step process of making one. Try your hand at doing a "rubbing" and see a demonstration of sandblasting (weather permitting).

Mary Haverty is the manager at Crow Memorials. She spent over 30 years as an RN and then as the Executive Director of the Commission on Aging for Traverse City County. She has degrees from Northwestern Michigan College and Ferris State University. She considers herself a lifelong learner. Much of her career has focused on addressing end of life issues. Drawing on her expertise and background gives her the unique ability to guide and assist those creating a memorial. She moved to Alpena a few years ago and enjoys the beauty of the "Sunrise Side". Mary enjoys reading, traveling, hiking and discovering the beauty and people of Alpena.

S46 ONE OF THE GUISE: THE FEMALE WARRIOR'S LABOR ACROSS THE EIGHTEENTH CENTURY ATLANTIC

Date: Friday, June 14, 2019 OPEN TO THE PUBLIC

Time: 7:00 – 8:30 pm

Location: Great Lake Maritime Heritage Center Theatre 500 W. Fletcher St., Alpena, MI

Coordinator: Janet Romas

Phone: 464-8903

This program is presented in partnership with Thunder Bay National Marine Sanctuary. A review of Dr. Dial's recent article begins: "One of the Guise" examines the real-life labor of female warriors during the long eighteenth century. This work establishes a response to recent scholarship that focuses on the female warrior as a literary character. Though most of our knowledge of the female sailor and soldier comes from the popularity of ballads and biographies, real women and their work inspired them. Join us to explore the role of women at work at sea.

Dr. Caitlyn Perry Dial, Historian, will return to the Great Lakes Maritime Heritage Center after her successful presentation last year. The former executive director of HERStory, she is now an Assistant Professor and Assistant Director of Development at Michigan State University.

S47 WHAT IS IT LIKE TO SPEND 77 DAYS ON A CRUISE SHIP?

Date: Thursday, June 20, 2019

Time: 2:00 – 3:00 pm

Location: M. Briggs Center

Coordinator: Wanda Discher

Phone: 742-3222

From January 26 to April 13, 2019 Rocky and Ginny Roland traveled from the island nation of Singapore to our final port in Malaga, Spain. They stopped in 24 ports of call in 15 different countries. In this presentation they will give you their personal opinions of the good, the bad, and the ugly of spending this much time on a small 350-passenger cruise ship.

Rocky and Ginny Roland are active ALL members and inveterate travelers and have shared their experiences many times with ALL members.

S48 ALPENA SALT SPA

Date: Tuesday, June 25, 2019

Time: 2:00 – 3:00 pm

Location: 150 N. State St. Alpena, MI

Coordinator: Wanda Discher

Phone: 742-3222

Explaining the history and modern benefits of dry salt therapy. The importance of managing stress and detoxing the body.

Lis Parlberg is the owner of Alpena Salt Spa and licensed esthetician. Lisa is a wife and mother of two beautiful grown daughters who are making their home in N. Carolina. After working many years in retail management, Lisa enrolled in the Douglas J. Aveda School of Beauty in Ann Arbor, MI where she learned many different facial techniques. Lisa is grateful to her husband Patrick of 28 years for helping her reach her dream of offering halo therapy to her community.

Association of Lifelong Learners
665 Johnson Street
Alpena, MI 49707



Please pre-register for programs.

Mail registration form and any payment due, to *ALL* at
665 Johnson Street, Alpena, MI. 49707

Purchase gift memberships for any occasion.

Annual Single Membership is \$50 or \$90 per couple or \$110 per family from July 1 to June 30.

A charge of \$5 will be assessed for non-members attending without a guest pass.

Guest passes for a one-time attendance are available from *ALL* board members or the *ALL* Office.

Program fees are non-refundable unless *ALL* cancels an activity, then fees will be refunded.

Inclement weather: If ACC closes and the activity is at ACC the program is cancelled.

Activities at other locations may not be cancelled.

Please retain a copy of your registration form for your records.

For general information call 989-358-7207 or you can email questions to all@alpenacc.edu

*The opinions expressed by the presenters of an ALL program do not necessarily reflect the views of the
Association of Lifelong Learners.*

