

# Programs from the Association of Lifelong Learners

**September 1 – September 30, 2020**

The following is a list of ALL Programs that may be attended in-person at the Briggs Center and/or Online via Zoom. There are some programs held off-site.

The \*\* indicates Presenter and Participant interaction plan for each Program.

Remember, you must make a reservation for attending in-person Programs at the Briggs Center. Do this via a phone call (989-358-7207) to the Office or email to [all@alpenacc.edu](mailto:all@alpenacc.edu). Please let us know how many people are planning on attending. You will be notified if your reservation has been accepted. Reservations can only be accepted until the day before the Program. No walk-ins can be accommodated.

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## **Ongoing Programs**

Pickleball: MWF 9:00AM-11AM outside at the Bayview Park Courts in Alpena.

Currently no other Ongoing Programs are scheduled due to State of Michigan indoor group social distancing rules.

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### **Thursday, September 3 at 2:00 pm: “21 Day Equity Challenge”**

\*\* This Program viewable at the Briggs Center. The Presenter will be at another location.

Joe Gentry will discuss the “21 Day Equity Challenge” program which the United Way of Northeast Michigan will be introducing on Sept 8. Joe will discuss what this program entails and encourage participation.

Joe Gentry is currently the Executive Director, United Way of Northeast Michigan. Joe is a long-time presenter for ALL Programs and has worn many hats in the community.

Call or email for a reservation so you can view in-person at the Briggs Center.

Zoom livestreaming information will be emailed separately on a weekly basis.

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## **Tuesday, September 8 at 2:00 pm: “A South Louisiana Music Tour”**

**\*\* Presenter will be at the Briggs Center**

Explore the music of South Louisiana as Don Londo guides you through Mardi Gras, Swamp Pop, Cajun and Zydeco music performances. Enjoy the music, electric performances and musical history of some of Louisiana’s legends; see France’s interpretation of Cajun music; compare a Cajun tune of the 1920s with a more modern version; journey through American musical venues rarely seen. Bon Temps Rouler (Let the good times roll!)

Don Londo is a fan of all things Cajun. Join him on a musical tour of South Louisiana. This is his second program on Cajun music. Don is a former ALL Board Member and has presented on a range of topics.

Call or email for a reservation so you can attend in-person at the Briggs Center.

Zoom livestreaming information will be emailed separately on a weekly basis.

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## **Thursday, September 10 at 1:30 PM: “Book Lover’s Gathering”**

**\*\*Hosted at the Briggs Center by Carey Rapin**

As fall approaches, we continue our quarterly program discussing a favorite book just read or remembered from the past. Everyone is welcome to our informal discussion. A list is kept and given to each participant. Consider joining us. As Dr. Seuss states "Fill your house with stacks of BOOKS in all the crannies and all the nooks."

Carey Rapin enjoys meeting new participants and seeing our regulars again. If you would like to bring a book to trade, share or giveaway, it is encouraged.

Call or email for a reservation so you can attend in-person at the Briggs Center.

Zoom livestreaming information will be emailed separately on a weekly basis.

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**Friday, September 11 at 10AM: “Biking Art Tour: A *Bicycle Tour of the Bi-Path Art Vision Alpena Sculptures and Structures*”**

**\*\* This is an in-person only outdoors Program**

Enjoy a leisure biking tour of Art Sculptures and Structures at Duck Park, Besser Museum, Alpena Community College, and along Bike Path. Starting at Duck Park, we will bike to nearby locations (approx..3 miles round trip) to view Art Sculptures and special attractions, including a brief description of each work. (Bike helmets and PPE / Social distancing required) A lunch stop “optional” at Austin Brothers after the tour. Reservations required for ALL members and guests.

Coordinators are Bill and Dottie Haase and Don and Jean Stewart. If the weather is poor a backup date of Friday, September 18 has been established. Same time and start location.

Call or email for a reservation so we know you are coming and let you know of any changes.

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**Monday, September 14, 21 and 28 at 2 PM “Line Dancing”**

**\*\*This Program is only online via Zoom.**

Debbie Kerr has been teaching line dancing classes for 6 years, 4 years for the ALL group. With the current stay-at-home orders, she has switched to teaching virtual classes. If you have been dancing for years or would like to give line dancing a try, this is the class for you! Wear some comfortable shoes and have a water bottle nearby and tune in for this class.

Zoom livestreaming information will be emailed separately on a weekly basis.

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**Tuesday, September 15 at 1:00 pm: *“Financial Market Update”***

**\*\* Presenter will be at the Briggs Center**

This presentation will include a market update, commentary regarding what's happening with US markets, as well how current events have and may continue to impact them. Also, there will be some guidance on how to prepare for market events and stay positioned for your goals.

**Andrew Kowalski** was born and raised in Alpena and is an alumnus of Alpena High School and Alpena Community College. His previous work in supply chain management gave him the skills to thoroughly analyze financial situations and provide guidance to his employees. His career path led him to Edward Jones where he helps individuals and businesses accomplish their goals in a community that he deeply cares about.

**Call or email for a reservation so you can attend in-person at the Briggs Center.**

Zoom livestreaming information will be emailed separately on a weekly basis.

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**Wednesday, September 16 at 1:30 pm: *“Focus on Fun Camera Club”***

**\*\* This will be Hosted at the Briggs Center**

Picture an informal monthly meeting where you share the joy of photography. From beginning photographers to experts, members have widely varying degrees of photographic expertise and experience and are willing to share their knowledge. Each month a photographic topic is chosen, and the fun begins. You will be welcomed.

**Call or email for a reservation so you can attend in-person at the Briggs Center.**

Zoom livestreaming information will be emailed separately on a weekly basis.

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**Thursday, September 17 at 11 am: *“God, Jesus and the Pandemic. How Some of American Christianity Got it Wrong!”***

**\*\* Presenter will be at the Briggs Center**

A lot of us, myself included, are tired of the Pandemic but there has been little discussion about what it reveals about God. What does this Pandemic tell us about the nature of the Christian faith and God? How much of the Christian response got involved on the wrong side of the issue? Are we asking the wrong questions? We will reflect on the book by New Testament scholar and former Anglican Bishop N. T. Wright *God and the Pandemic: A Christian Reflection on the Corona Virus and its Aftermath*.

Bob Case is a pastor emeritus from the First Congregational United Church of Christ. He continues to offer thoughtful presentations, giving ALL members much to consider and ponder.

Call or email for a reservation so you can attend in-person at the Briggs Center.

Zoom livestreaming information will be emailed separately on a weekly basis.

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## **Monday, September 21 at 1PM-3PM “*Music, Painting and a Healthy You*”**

**\*\*This is an in-person only Program at the Briggs Center. There is a \$20 Fee.**

In this music workshop participants will be painting to sound frequencies of music, making it a subconscious painting exercise. Jamey and Cody will be showing a new way of healing through art and music. Those taking part in this workshop will take home their art work. Canvas, paints and brushes will be provided. Fee of \$20 must be paid to the office by September 14.

Jamey Gheller and Cody Ostrander like to be known as creative natives. They recently moved to the area from Columbus, Ohio, and are excited that they have been accepted into the Thunder Bay Arts Council. Jamey is the artist and Cody the musician.

Call or email for a reservation so you can attend in-person at the Briggs Center. A \$20 Fee is due at the ALL Office by September 14

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## **Tuesday, September 22 at 10:30 am: “Writing a Newspaper Column - The Elements of A Style”**

**\*\* Presenter will be at the Briggs Center**

Finding suitable topics, acquiring the ability to describe them in a newspaper column format, and maintaining the level of commitment necessary to a weekly deadline is a challenge. Where do you find guidance if you've not done all this before. If you do, how do you have fun doing it. And there is the importance of having a perceptive understanding spouse/editor who will argue with you and not back down.

Douglas Pugh was Alpena born and raised. Education is from ACC, Detroit, MSU. Wayne State University Law School. He practiced law; was as Alpena Probate and Family Court Judge for 24 years, and is a columnist for *The Alpena News*.

Doug is married, has two sons and three grandchildren.

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Zoom livestreaming information will be emailed separately on a weekly basis.

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## **Wednesday, September 23 at 6:30PM: “Voting Questions Answered”**

**\*\* Presenters will be at the Briggs Center**

Do you have questions about voting anywhere in the State of Michigan? Where do I get my absentee ballot? Where and when do I return the ballot? When will ballots be available? How is ballot security maintained? Can I vote in person? Plus much more.

Join Anna Soik, Alpena City Clerk, and Doris Feys, Co-President of the League of Women Voters of Northeast Michigan for the answers to your questions about voting. If you have questions, please send them to Doris Feys ([lwnmed@gmail.com](mailto:lwnmed@gmail.com)) by Sept. 22 and Doris will include them in this session.

Questions submitted via Zoom or Facebook Live will be answered as time permits.

Call or email for a reservation so you can attend in-person at the Briggs Center.

This program will be livestreamed on Zoom plus on the ALL and LWV-NEMI Facebook pages via Facebook Live. Zoom livestreaming information will be emailed separately on a weekly basis. The Facebook Live program requires no login information.

Facebook Links:

ALL: <https://www.facebook.com/lifelonglearnersalpena>

LWV-NEMI: <https://www.facebook.com/lwvalpena>

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## Thursday, September 24 at 11:30 am: *“Fall Happening”*

**\*\* This is an in-person only outdoors Program**

We will be holding this quarterly event at the pavilion in the Alpena County Sunken Lake Park. Because of current State of Michigan restrictions we ask that you bring your own picnic lunch. There will be a short business meeting and program followed by the opportunity to socialize with other ALL Members and stretch your legs in the very scenic park.

Call or email for a reservation so we know you are coming.

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## Tuesday, September 29 at 9:30 am: *“Fall Bike Ride”*

**\*\* This is an in-person only outdoors Program**

This annual Fall biking trip will provide an enjoyable day of biking through the countryside from Black River to Sturgeon Point Lighthouse and back. Pack a lunch and we will eat together at the lighthouse.

Meet at: St. Gabriel Catholic Church  
5570 N Lake Shore Dr., Black River, MI 48721, USA

Call or email for a reservation so we know you are coming.

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**Wednesday, September 30 at 1:00 pm: “*Discovering Autism Diagnosis in Older Adults*”**

**\*\* Presenter will be at the Briggs Center**

**Almost everybody has heard of autism in children, but what happens to them when they grow up? Autism was only described and diagnosed in the 1980s, but what about all the autistic children who grew up never knowing about their autism?**

**Over 5 million adults in the USA today have autism and only a few are aware of their diagnosis. In Alpena County alone there are probably over 400 adults who are autistic and don't know it. How does autism affect unknowing adults, their families, their communities and how can diagnosis help? How is autism in adults different than it is for children? Public servants of all sorts, medical, emergency, service agencies, law enforcement, and others who work with helping others in stressful situations may find useful information here. Anybody who wants to learn more about autism and older adults will find new ideas and insights here.**

**Debra Brisch was diagnosed with autism three days before her 68th birthday. She writes a blog describing her discovery of her autism, her struggle to get diagnosed at such a late stage of life, and to advocate for late diagnosis for older adults. She is currently working with a Speech Language PHD/professor at a well-known university where her blog is required reading for the chapters on autism. Together the group is collaborating to form a new diagnostic test for screening for autism in older adults.**

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**Thank You for Supporting the Association of Lifelong Learners**