

Production of the A.L.L. Program Guide generously sponsored by McFalda Law Office

- [ALL news](#)
- [Photographers Corner](#)
- [Programs for the Next Month](#)

ALL News

Rocky Roland was recently elected president of the ALL board for the 2022-23 program year. Roland joins returning officers Bill Haase, vice president; Ron Young, secretary; and Ray Smith, treasurer. Newly elected board members include Linda Ferguson and Jere Doyle. Are you willing to share your leadership skills? Give Bill Haase a call - he will be delighted to talk with you!

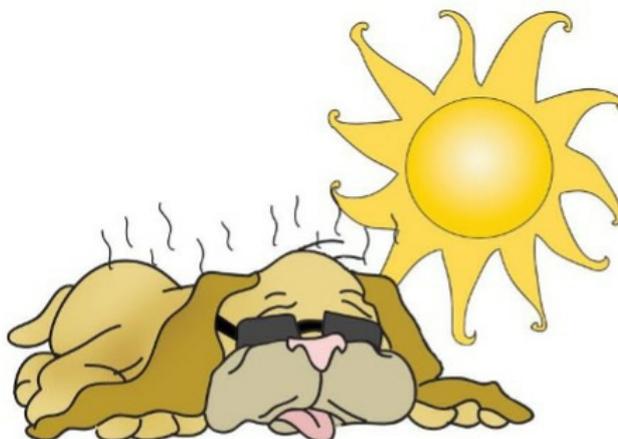
ALL Announces New Members

As of July 31, 2022

- Jean Gilliland
- Carolyn Antkowiak
- Carolyn Belton

Photographers Corner

Summer!!



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A couple of pictures from ALL's recent walking tour of the Evergreen Cemetery in Alpena. (1) Participants learned about the history and construction of the entrance gate then moved on to (2) the memorial to Alpena County Civil War soldiers and sailors.



August PROGRAMS

NORTHEAST MICHIGAN REGIONAL PUBLIC DEFENDER

THURSDAY, AUGUST 11, 2022

Time: 10:30 AM

M. Briggs Center (in person and Zoom)

Coordinator: Marcia Connolly

Phone: 989-356-2582 Zoom

Host Judy Hompstead

Zoom Connection: Meeting ID: 818 9828 8134

Passcode: 417831

This will be an excellent opportunity to learn about the evolution of indigent defense in our community and state and the importance of presumption of innocence, due process and burden of proof expectations for all and criminal defense in general. We will better understand the indigent defense standards and the funding mechanisms through the Michigan Indigent Defense Commission. We will learn about their duties including those of a staff social worker.

Julie Miller is an Alpena native who has returned as Deputy Chief Defender of the Northeast Michigan Regional Defender Office. Her role is to represent indigent adults charged with misdemeanors and felonies in Alpena and Montmorency counties as well as all administrative aspects of the office including grant writing and reporting, staff development, policies and procedures and representation of office in community. She is devoted to public service and fair administration of justice.

ENJOY DOWNTOWN WITH YOUR ALL FRIENDS (NEW AND OLD) FRIDAY, AUGUST 12, 2022 TIME: 5:00 PM

Meet near the RED BRICK PARK (next to Red Brick on River St.)

Coordinator: Jan Kane

Phone: 989-464-7107

This is a non-structured program where participants can join with old and new friends to experience Friday night downtown. Learn about the new food truck park, Friday night music, and the social district. Then participate in whatever interests you.

ROLLER DEBY DEMONSTRATION

MONDAY, August 15, 2022

Time: 1:00 PM

M. Briggs Center

Coordinator: Rocky Roland

Phone: 512-718-9666



Most people remember watching roller derby on TV Saturday mornings as a kid. At that time, it was a lot of theatrics and what resembled wrestling on roller skates. Since then, roller derby has evolved to be taken seriously as a sport.

Roller derby is the only contact sport played primarily by women. What started as Saturday morning entertainment, has now expanded to a world-wide sport from small town recreational leagues to professional level ranked teams.

On Monday, August 15, you will have the opportunity to meet some members of Alpena's own roller derby team, The Shipwreck Alley Rollers. Red Zeppelin, L. Break-yerbones, Hail Mary, and other team members to be determined, will teach you the basics of roller derby and explain how points are scored, what roles each player has, and some of the rules. We will also get into the fun stuff like what a legal hit looks like and some penalties and favorite moves of the skaters. Players will be gearing up and giving demonstrations. There will be time for questions, and we will have extra (clean) gear for you to try on and get your picture taken with the derby girls if you want. (Sorry, no skates for try on).

FOCUS ON FUN CAMERA CLUB

WEDNESDAY, AUGUST 17, 2022

Time: 1:30 PM

M. Briggs Center

Coordinator: Jeanette Vredenburg

Phone: 989-471-2997 Zoom

Host: TBA

Zoom Connection: Meeting ID: 847 0459 7928 Passcode: 635146

Picture an informal monthly meeting where you share the joy of photography. From beginning photographers to experts, members have widely varying degrees of photographic expertise and experience and are willing to share their

degrees of photographic expertise and experience and are willing to share their knowledge. Each month a photographic topic is chosen and the fun begins. You will be welcomed.

SCIENCE ON A SPHERE

THURSDAY, AUGUST 18, 2022

Time: 11:30 AM

Great Lakes Maritime Center 500 W. Fletcher St., Alpena

Join us on Thursday, August 18th at 11:30 am for an interactive presentation on how our planet's environmental systems work at our Science on a Sphere. Science on a Sphere is an educational tool used to display the Earth and can help make complex environmental topics simpler and more enjoyable.

Led by a sanctuary ambassador at Thunder Bay National Marine Sanctuary, this interactive presentation will bring the topic of ocean acidification to the Great Lakes by discussing the ongoing research here at the sanctuary.

MOVEABLE FEAST – FIRESIDE INN

Friday, AUGUST 19, 2022 Time: 5 PM

Coordinator: Judy Nichols

Phone: 517-663-4970

Pack up your appetite and a lawn chair August 19, 5 p.m., is the date for our next Moveable Feast. We'll meet at Fireside Inn, 18730 Fireside Harbor, Presque Isle for a turkey dinner with all the trimmings including salad bar, beverage and dessert...pumpkin pie that night!

Cost is \$15 per person, and NO CREDIT CARDS are accepted at the inn. **Reservations are due by August 16. Email Judy at the ALL office all@alpenacc.edu.**

SHORLINE SENACHIE' SINGALONG AND CAMPFIRE

FRIDAY, AUGUST 19, 2022

Time: 6:30—7 PM

Coordinator: Judy Nichols

Phone: 517-663-4970

Following dinner (see above), it's a 10-minute drive to the shores of Grand Lake for a Shoreline Seanchai' Singalong and Campfire, 6:30—7p.m. Free admission. Pull out **your** lawn chair, kick back and enjoy the music of Jim Weeks and Dave Larkin at the Presque Isle Harbor Association (PIHA) Grand Lake Beach House off McCreary Rd. (Exit Fireside Inn turn left on E. Grand Lake Rd.(2.4 miles). Turn left on Highland Pines Rd. (1.8 miles), right to stay on Highland Pines Rd., (1 mi.) Left on McCreary Rd.—signs will direct you to parking on left.

HOW DO WE KNOW RIGHT FROM WRONG? CONSCIENCE, ETHICS AND MORALS.

TUESDAY, AUGUST 23, 2022

Time: 1:30 PM

Briggs Center

Coordinator: Mike Mandrick

Phone: 989-255-2699 Zoom

Host: Ron Young

Zoom Connection: Meeting ID: 817 4526 1042

Passcode: 817 4526 1042

What is a conscience and how do we get one? We'll look at some of

psychological, philosophical and theological theories on how we develop a conscience and then expand our inquiry into the concepts of ethics and morals. Modern ideas like situational ethics and moral hypocrisy will also be discussed. This will be a layman's approach with plenty of room for non-scientific discussion and exploration.

Rocky Roland is a retired USAF colonel, having spent 27 years as a pilot in the Air Force, with non-flying assignments in Beijing, China and also on the faculty Naval War College. A voracious reader, Rocky's reading list is broad and varied, often exploring esoteric areas of study. He was always interested in the study of psychology, motivation (from his years as an instructor), ethics and world religions and is often curious about "why" people behave the way they do.

SUICIDE PREVENTION AND INTERVENTION

THURSDAY, AUGUST 25, 2022

Time: 10:30 AM

Coordinator: Marcia Connolly

Phone: 989-356-2582

Zoom Host: Judy Hompstead

Zoom Connection: Meeting ID: 841 9590 6047 Passcode: 733050

Come learn about programs prepared by Partners In Prevention to help learn about suicide prevention. Learning to recognize when someone may be at risk for suicide, working to create a plan to support their immediate safety and providing suicide intervention resources are the goals of this organization. Mary Schalk will discuss how they plan events and activities to make communities safer from suicide including the new statewide emergency number for mental health assistance.

Mary Schalk, Program Director for Partners in Prevention, has been active since 1996 in the organization. She now plans and provides training programs in Alpena, Alcona, Montmorency and Presque Isle counties on mental health first aid, childhood trauma and fetal alcohol syndrome.

ROLLER DERBY LIVE IN PERSON SATURDAY, AUGUST 27, 2022

NORTHERN LIGHTS ARENA

Doors open at 5:30 PM Event starts at 6:00 PM Cost \$10

Coordinator: Rocky Roland

Phone: 512-718-9666

What an opportunity! Alpena's own **Shipwreck Alley Rollers** will be the main attraction as they take on other teams in this fast and furious sport. ALL members are invited to enjoy special seating at the box reserved for them at the Northern Lights Arena. It promises to be a special evening.

STORIES (GOSSIP) BEHIND FAMILIAR WORKS OF ART

TUESDAY, AUGUST 30, 2022

Time: 3:00 PM

M. Briggs Center

Coordinator: Linda Ferguson

Phone: 402-679-7669 Zoom

Host: Tyler Winowiecki

Zoom Connection: Meeting ID: 817 0456 8481 Passcode: 568037

Works of art can be beautiful and inspiring, but have you ever wondered what really went on behind the canvas or the stone carvers chisel? What is the rest of the story? Danyeal will share stories and gossip behind some of the great art

works throughout time. Don't miss this opportunity to go behind the scenes of famous art in museums.

Danyeal Dorr is an Alpena native, an avid art lover with a degree from Kendall College of Art and Design in Grand Rapids. Her love of art and her deep knowledge make her presentations stimulating and enjoyable. She has been involved in art for over 40 years.

[Back to the Top](#)



Never let the fear of striking out keep you from playing the game."

Babe Ruth

GAMES AND CARDS

MEXICAN TRAIN EXPRESS DOMINOES

TUESDAYS, August 2, 9, 15, 22, 29 9:30 AM to 11:30 AM

M. Briggs Ctr

Coordinator: Eileen Wikaryasz Phone: 989 340 0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Express! You August join our class any time during the year.

PINOCHLE

WEDNESDAYS, August 3, 10, 17, 24 12:30 PM TO 3 :00 PM

M. Briggs Ctr

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays in August.

CONTRACT BRIDGE

FRIDAYS, August 5, 12, 19, 26 12:30 PM to 3 PM

M. Briggs Ctr

This is an ongoing group of varied players who welcome any players at any time. We are a teaching class but we also welcome experienced players.

ONGOING PROGRAMS

PICKLEBALL at the APLEX

MONDAY, WEDNESDAY AND FRIDAY 9 AM TO 11 AM

Pickleball continues. Call the Apex for additional information: (989) 354- 6164
Apex fees apply.

BEGINNING MODERN SQUARE DANCE LESSONS

WEDNESDAYS, August 5, 12, 19, 26 4:00 TO 6:00 PM

M. Briggs Center

Coordinator: Katie Taylor

Phone: 803 292 9613

Great exercise for the body and the brain!

Come brush up on your Mainstream and Plus dancing. Lessons will be held for experienced dancers on Fridays, from 4-6 PM at the Madeline Briggs Center. Fabulous caller Dave Boggs, of Desert Aire, Washington, will be reviewing Mainstream calls and teaching and reviewing Plus calls.

No partner, no problems – Singles are very welcome!

Those who want to start beginning lessons can find beginning lessons for the summer being taught in Presque Isle. **These lessons are not an ALL sponsored event.** For more information on these lessons contact Glenn Taylor at gxtaylor11@gmail.com.

[Back to the Top](#)

Did you miss one of our programs?

Check out the *new* offerings on

YouTube. <https://www.youtube.com/channel/UCYc9USUpJ2nsQDsJSLO01Nw>

- *Creating a Future With Good Mental Health Summer Reading Recommendations for All Ages The Righteous Mind*
- *Sweatt V Painter: The 1950 Integration of Professional Education in Texas Demystifying Exercise*
- *Real Estate News, Trends and Issues*
- *Sunrise Centre: Substance Abuse Disorder Center Health Benefits of Massage Therapy*
- *Fact or Crap? A Fun Exploration of Common Beliefs*
- *"Stuff" Costs Money—7 Credit Tips Everyone Should Know Ukraine in Crisis: Hope Offered*
- *Art & The Isms Sensing Greatness*

TO ACCESS: go to associationoflifelonglearners.org

Scroll half way down page and then click on All's YouTube channel

[Back to the Top](#)

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