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ALL News

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Plans are shaping up for an exceptional **Annual Meeting** this year. Mark your calendar now for **Thursday, June 23rd** and watch for details to emerge in the weeks ahead. Here's a teaser for you: We'll celebrate the influence of French heritage in Alpena at All Saints Church (formerly St. Ann's on 9th Street) with a taste of Food cuisine, culture and entertainment! You really don't want to miss this celebration.

And, if you are willing to share your talents, we are looking for fresh ideas and board members. Can we count on YOU to serve a term?

President Judy Nichols

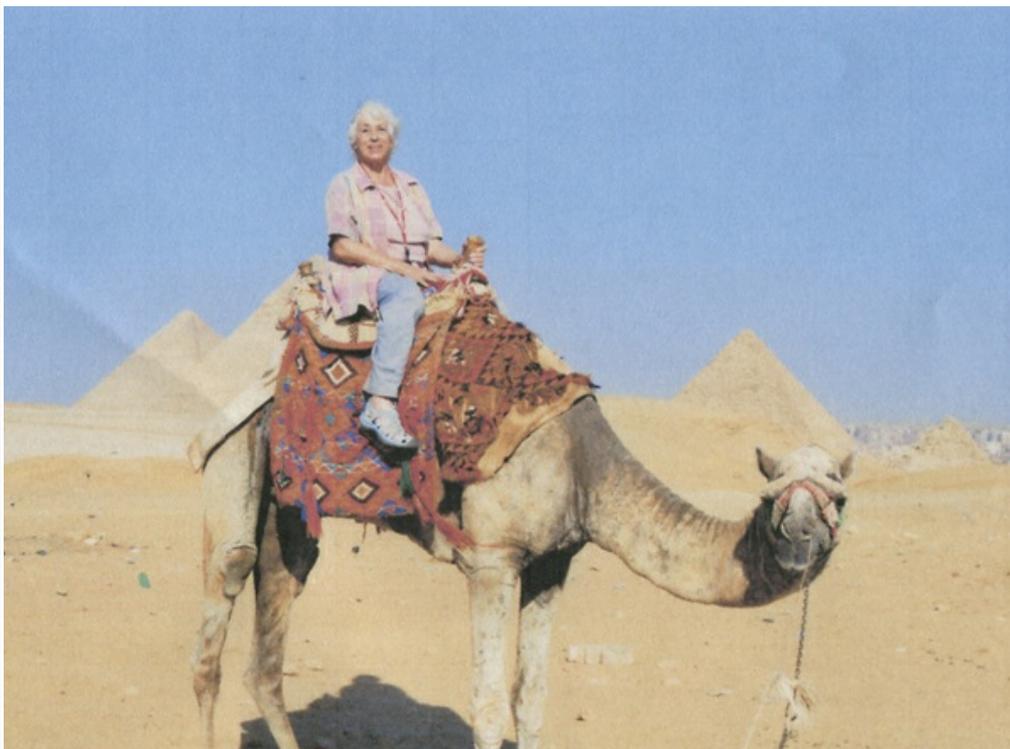
- **NOTE:** If the college is closed for any reason (snow, lack of

power, etc.) programs in Briggs Center are cancelled.

- **For general information call 989-358-7207 or email questions to all@alpenacc.edu.** The ALL office prefers that you register for a program but if things change in your schedule don't hesitate to just show up.
- Please note that there are new offerings on ALL's YouTube channel. Check it out.
- Currently ACC **requires all students, staff, faculty, and visitors to wear a face covering** that covers the mouth and nose in any ACC building.
- A modest donation from guests for the value of their experience is greatly appreciated.



Photographers Corner





Sue Nagy riding a camel, from her program on her recent trip to Egypt. Way to go Sue!!

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Programs: MARCH PROGRAMS

BOOK LOVERS

THURSDAY, MARCH 3

1:30 PM

M Briggs Ctr (In person and Zoom)

Zoom host: Judy Hompstead

Zoom connection:

Meeting ID: 894 7464 0806

Passcode: 388939

Due to the continuance of Covid and chilly weather it is possible you have recently read a variety of books. Please consider attending our Book Lovers meeting. Newcomers are welcome to our relaxed setting where we each give a brief description of a favorite book/books recently read or in past years. You will receive a list of the books that are presented.

"He liked the mere act of reading, the magic of turning scratches on a page into words inside his head." John Green

Carey Rapin looks forward to sharing books she rated Excellent in her book journal!

SPOTLIGHT ON OUR PLANET



CONSERVATION STARTS ON YOUR PROPERTY

MONDAY, MARCH 7

1:30 PM

M Briggs Ctr (Zoom only)

Coordinator: Debra Brisch

Phone: 989-340-0329

Zoom host: Tyler Winowiecki

Zoom connection:

Meeting ID: 852 7294 4093

Passcode:744580

We have all been frustrated by this pandemic, and by the actions of other people we cannot control. We can only control ourselves and our own actions. The same applies to conservation. How can you make YOUR property welcome to wildlife? The U.S. Fish and Wildlife Service's Partners for Fish and Wildlife Program can help with resources and potentially some funding.

Heather Rawlings has worked for the USFWS for 25 years, and has a BS degree in Biology from Adrian College. She has been a coordinator for the Partners for Fish and Wildlife Program for over 20 years and has restored rivers, grasslands, and wetlands on private land for hundreds of properties in Northern Michigan.

INTRODUCTION TO ALPENA'S

COMBAT READINESS TRAINING CENTER (CTRC)

TUESDAY MARCH 8 10:00 AM M Briggs Ctr (In person and Zoom)

Coordinator: Debra Brisch

Phone: 989-340-0329

Zoom host: Judy Hompstead

Zoom connection:

Meeting ID: 850 6460 6660

Passcode: 260186

This will be a capabilities-based overview of the Alpena Combat Readiness Training Center which will include a discussion of military training events that are occurring in Michigan's National All-Domain Warfighting Center.

Colonel Rossi enlisted in the Michigan Air National Guard in 1987 at Selfridge ANGB and was commissioned in 1994. He served in numerous capacities at Selfridge to include C-130 navigator, C-130 and KC-135 pilot, airfield manager, flying squadron Commander and Air Refueling Group Commander. He has deployed and served at numerous locations across the globe. He was selected as the Commander of the Alpena Combat Readiness Training Center in August 2020.

COPING WITH SEASONAL DEPRESSION

THURSDAY, MARCH 10

10:00 AM

M Briggs Ctr (In person and Zoom)

Coordinator: Debra Brisch

Phone: 989-340-0329

Zoom host: Judy Hompstead

Zoom host: Judy Hompstead

Zoom connection:

Meeting ID: 886 0174 4562

Passcode: 583218

This program will be a discussion on depression that follows a seasonal pattern and strategies for coping—maybe a place where we find ourselves at the beginning of March waiting for spring.

Ashley Rodriguez joined MidMichigan Medical Center-Alpena in February 2021 and works in the hospital's inpatient unit Pointe East. She is an Alpena County native who has recently relocated back after 13 years in Washington D.C./Baltimore area. Ashley's work in the field includes diverse experiences with community mental health, drug treatment, therapy, advocacy, community resource development and federal law enforcement. Ashley holds a Master of Arts in Forensic Psychology for Argosy University and a Master of Social Work from Arizona State University.

REVISITING, RECONSIDERING, & REIMAGINING

THE CLASSICS WITH YOUNG READERS

THURSDAY, MARCH 10

2:00 PM

M Briggs Ctr (In person and Zoom)

Coordinator: Debra Brisch

Phone: 989-340-0329 Zoom

host: Judy Hompstead

Zoom connection: Meeting ID: 830 9257 5827

Passcode:952221

Consider why classic literature endures and where it falls short as librarian, Sara Grochowski, shares books for a variety of ages that retell, reimagine, and reclaim familiar stories to engage young readers of all experiences and new titles with the potential to become classics. With suggestions for children and teens, explore the ways in which classic literature and modern interpretations can be used to connect with the young readers in your life and inspire new appreciation for old favorites.

Sara Grochowski was born in Alpena, Michigan, where she was raised to love books. After spending nearly a decade away for college and to begin a career in the book industry, working primarily as a nationally recognized children's bookseller, she returned to Alpena in 2019. She is the Head of Youth Services at Alpena County George N. Fletcher Library, where she spends her time working with, learning from, and

advocating for the children and teens of Alpena. She's also a contributing writer for Publishers Weekly, the international news magazine of publishing and bookselling. She firmly believes in the importance of finding the right book for the right reader at the right time.

GREAT LAKES' GHOSTS

THURSDAY, MARCH 10

6:30 PM

M Briggs Ctr & Zoom

Coordinator: Maureen Brown

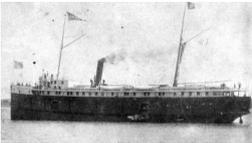
Phone: 989-464-3865

Zoom host: Ron Young

Zoom connection:

Meeting ID: 826 0341 8262

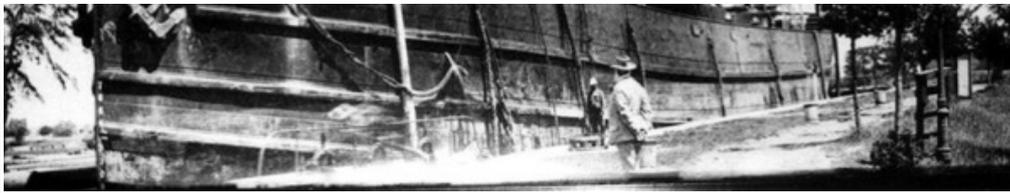
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This presentation will be all about ships that were lost with all hands and the wrecks that have yet to be found.

As a local history teacher and part time Great Lakes sailor **Jeff Thomas** draws on both experiences to tell the stories of Great Lakes shipwrecks. He finds the small details that bring the stories to life in a story-telling experience that puts the viewer "in the moment" of these dramatic tales.





MOVEABLE FEAST

FRIDAY, MARCH 11 9:30 AM

Nick's Diner

3023 US 23 S

Coordinator: Sue Nagy 989-736-7105

Do you remember what a 50s diner was like? Join fellow ALL members as they gather for breakfast at this charming eatery.

Let either the office (989) 358-7207) or Sue know that you are coming.

UPDATE OF ALPENA'S CHAMBER OF COMMERCE

MONDAY, MARCH 14 1:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Kathy Crawford

Phone: 989-370-3819

Zoom host: Tyler Winowiecki

Zoom connection:

Meeting ID: 884 9315 0059

Passcode:442416

Adam Poll will provide an update of Chamber activities, military support, advocacy, and programming for the Chamber. He will also discuss economic development issues ranging from current projects to efforts to support housing development.

Adam Poll is the President/CEO of the Alpena Area Chamber of Commerce. Prior to this he was the Planning Director for the City of Alpena. Adam and his staff handle economic development for Alpena and Presque Isle Counties, as well as business support for the nearly 500 business members of the Chamber .

NASA & SPACEX CREW 4 HUMAN SPACE FLIGHT

TUESDAY, MARCH 15 7:00 PM

M. Briggs Ctr (Zoom only)

Coordinator: Rocky Roland

Phone: 512-718-9666

Zoom host: Ron Young
Zoom connection:
Meeting ID: 811 6045 3633
Passcode: 721146

It has been almost 50 years since Apollo 17 left the lunar surface; the new Artemis Program will be another bold leap for humankind with a test flight of the new Space Launch System (SLS) this March, the first of a series of flights to return humans to the moon by 2025. Additionally, the Commercial Crew Program (CCP) currently works with private industry, SpaceX and Boeing, to ferry the NASA Astronauts to the International Space Station (ISS) on their fully private vehicles to sustain a continued presence in low Earth orbit since 2000. Come hear about this exciting time for human spaceflight with a NASA Flight Controller who is currently working with the next crew who will launch aboard the SpaceX Dragon on April 15th.

Katie Spicer works for Leidos (formally Lockheed Martin) to support the International Space Station (ISS) at the Johnson Space Center (JSC) in Houston, TX. She was born in Sumter, SC, but as an Air Force “brat,” Katie traveled and grew up both overseas, in England and Germany, as well as stateside, in Alabama, South Carolina, graduating high school from Portsmouth, RI. Katie earned a BS in Microbiology from The Pennsylvania State University in 1995, and began working at JSC in 2002. She has worked in a number of roles, first starting in the cell science labs, moving over to support human spaceflight research and finally becoming a flight controller to support maintenance on the ISS. Katie is currently supporting the Flight Operations Division (FOD) and serves as the Vehicle Integration & Test Office (VITO) Mission Lead for SpaceX Crew-4.

POLICING IN NORTHEAST MICHIGAN

**WEDNESDAY, MARCH 16 1:00 PM CTR 106 AT ACC
(IN PERSON AND VIRTUAL)**

Coordinator: Doris Feys

Phone: 989-255-5534

The public is invited to a special educational program sponsored by the League of Women Voters of Northeast Michigan. Please join us as a panel discusses policing in Northeast Michigan. Police departments across the country have been under increased scrutiny over the last few

years. There has been reports of increased crime and traffic incidents as well as a stressed population across all demographics.

Join us as we hear from Joel Jett (Police Chief, City of Alpena), Erik Smith (Undersheriff, Alpena County), Lt. John Grimshaw (Michigan State Police, Alpena Post Commander), and Ms. Kimberly Elkie (Director of E911/ Central Dispatch).

FOCUS ON FUN CAMERA CLUB

WEDNESDAY, MARCH 16

1:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Jeanette Vredenburg Phone: 989-471-2097

Zoom host: Mark Kinney

Zoom connection:

Meeting ID:847 0459 7928

Passcode: 635146

Picture an informal monthly meeting where you share the joy of photography. From beginning photographers to experts, members have widely varying degrees of photographic expertise and experience and are willing to share their knowledge.

The topic for March is taking pictures of the stars. It will include ideas of how to do that even with your phone. Come join us, you will be welcomed. This month's topic demonstrates that taking pictures of the stars can be done.

AN INTRODUCTION TO CRYPTOCURRENCY

TECHNOLOGIES (BLOCKCHAIN 101)

THURSDAY, MARCH 17

1:00 PM

M Briggs Ctr (Zoom only)

Zoom host: Dick Bremer

Zoom connection:

Meeting ID: 829 1552 1377

Passcode: 469291

During this introductory presentation, we'll survey many prominent blockchain topics, including the discussion of distributed ledgers, industry adoption, legal landscape, and Bitcoin, among others. Additionally,

industry adoption, legal landscapes, and Bitcoin, proper. Additionally,

you'll examine several abstract, key concepts through a digestible presentation. While we certainly can't cover every topic in an hour, this presentation is guaranteed to pique your interest and serve as a motivator for further exploration.

Jonathan Morley has spent a decade in financial services as a software engineer and has written an internationally best-selling book (*That Book on Blockchain: A One-Hour Intro*) along with co-authoring a series of technology primers on big data, artificial intelligence, and machine learning. Jonathan has presented to hundreds of folks at universities and businesses who are curious about cryptocurrencies and the trends emerging at the forefront of these innovations.

AED EDUCATION

TUESDAY, MARCH 22 2:30 PM

M Briggs Ctr (Zoom only)

Coordinator: Sandy Paquette

Phone: 989-354-3906

Zoom host: Dick Bremer

Zoom connection:

Meeting ID: 823 2482 4027

Passcode: 732965

This presentation will include educating and demonstrating the use of an Automated External Defibrillator or AED. Handouts from the American Heart Association will be utilized, and participants will be educated regarding the signs and symptoms of a sudden cardiac arrest and heart attack.

Katie Torok is a Paramedic /Firefighter currently working at MyMichigan Medical Center Alpena as an Educational Specialist. She and her husband Mike have six awesome children. Katie is currently a member of Green Township Fire Department running EMS and Fire calls.

THE MARCH HAPPENING

THURSDAY, MARCH 24 1:00 pm

First Congregational Church 201 South Second

Lunch is being provided by Chez Ami. You won't want to miss what

entrepreneur, Jeff Konczak, has to share about his project BCubed.
His presentation will be at 2 o'clock.

25 YEARS OF SUPPORT FOR PEOPLE DEALING WITH CANCER

MONDAY, MARCH 28 1:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Marcia Connolly 989-356-2582

Zoom host: Judy Hompstead

Zoom connection:

Meeting ID: 850 4854 7840

Passcode: 690051

Friends Together, a local support group for people dealing with cancer, has grown to provide free, cancer support programs and services to 6 Northeast Michigan counties. They offer an average of 30 support groups each month, educational and fundraising events and a thriving transportation and lodging program that removes common barriers to cancer treatment. They have meetings for men, women and caregivers dealing with the challenges of cancer. Come learn how they have supported many of us over the years and continue to add to their services as they identify needs.

Judy Burns established Friends Together in 1996 so no one in our area would face cancer alone. For 25 years, she has kept a promise made to her daughter while she dealt with cancer. She has served as the founder, executive director and guiding force throughout that time for Friends Together.

MUSICAL JOURNEY THROUGH SOUTH LOUISIANA

Rescheduled from last month

TUESDAY, MARCH 29 2:30 PM

In person at Turning Brook 300 Oxbow Drive Alpena

Coordinator: Evelyn Londo 989 595 2440

Enjoy a musical journey through South Louisiana and experience its musical influence on the rest of the world. Sample Swamp Pop and Mardi Gras. Enjoy the culture and the history of the Cajun and Zydeco Bands.

Don and Evelyn Londo have spent three springs in South Louisiana experiencing the culture and music of the area. Their journey has included dance halls, auditoriums ,jam sessions and Buck and Johnnies, Zydeco Breakfast. Join with them and enjoy the Cajun Land's "Joie de vie (Joy of life)

THE KEY TO RESILIENCE

THURSDAY, MARCH 31 2:00 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Debra Brisch Phone: 989-340-0329

Zoom host: Judy Hompstead

Zoom connection:

Meeting ID: 894 0793 2415

Passcode: 271908

Why do some people seem to become paralyzed when facing difficulties, while others bounce back quickly and still others even seem to be propelled forward after a difficulty? This presentation will shed light on the importance of resilience and the keys to being resilient. The presenter will use real-life examples to tell the story of resilience.

Jackie Krawczak is the President of Jackie Krawczak, LLC. She uses her extensive experiences as a leader in a variety of capacities to share valuable insights with her audiences. Her leadership experience includes more than a dozen years as the President/CEO of the Alpena Area Chamber of Commerce in Michigan, culture and competency development work for Innova Tech Solutions, LLC, a columnist for the Alpena News, participation on several boards including a member of the Alpena Public Schools Board of Education, a Trustee for the Alpena Community College Foundation, and a Director on the Board of the Michigan Association of Chamber Professionals.

While finding success in her career, Jackie also brings the experience of a decades-long struggle with depression and her battle with an eating disorder. She uses her leadership and personal growth experiences to help others in growing their resilience and leadership. Jackie holds a Master of Arts Degree from Central Michigan University in Organizational Communication and a Bachelor of Arts Degree from Saginaw Valley State University in Communication. In 2018, Jackie was recognized by the Jaycee's of Michigan as an Outstanding Young Michigander. She has also been recognized as Rotarian of the Year by the Rotary Club of Albena. and a Michidan Chamber Professional by the Michidan



GAMES AND CARDS

MEXICAN TRAIN EXPRESS DOMINOES

TUESDAYS, MARCH 1,8,15,22, and 29 9:30 AM to 11:30 AM

M. Briggs Ctr

Coordinator: Eileen Wikaryasz Phone: 989 340 0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Express! You may join our class any time during the year. .

PINOCHLE

WEDNESDAYS, MARCH 2,9,16,23, and 30 1:00 PM TO 3 PM

M. Briggs Ctr

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays in March.

CONTRACT BRIDGE

M. Briggs Ctr

FRIDAYS, MARCH 4,11,18,25 12:30 PM to 3 PM

This is an ongoing group of varied players who welcome any players at any time. We are a teaching class but we also welcome experienced players.



ONGOING PROGRAMS

PICKLEBALL at the APLEX

MONDAY, WEDNESDAY AND FRIDAY 9 AM TO 11 AM

Pickleball continues. Call the Aplex for additional information: 354- 6164
Aplex fees apply.

BEGINNING MODERN SQUARE DANCE LESSONS

WEDNESDAYS, MARCH 2,9,16,23,30 5:30 TO 7:30 PM

M Briggs Center

Coordinator: Katie Taylor Phone: 803 292 9613

Fee: first lesson is free. Members \$5/session Nonmembers

\$7/session New Class Being Formed and Continuing for Experienced Dancers

Let's Dance! Learn how to square dance. Super fun for all ages -- 6 to 106! Great health, brain, and balance benefits. If you can walk you can square dance. Don't have a partner? You're in luck, you don't need one! It's probably not what you learned in school. If you are not an ALL member there is an additional \$2.00 fee per lesson. The first half hour will consist of a workshop for advanced dancers and the rest of the time will be lessons for the new dancers.

Lessons will be taught by either **Wayne and Jan Pelmeur** from Lake Isabella, MI or **Tom Kaiser** of Sacramento, CA. (Tom will be on Zoom.) Both are very experienced callers and teachers and are members of CallerLab (International Assoc. of Square Dance Callers).

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MLK March discussion on Housing Inequities

Join the MLK, Jr. Committee on Wednesday, March 2, at 7 pm for an online discussion of the documentary "Owned: A Tale of Two Americas."



Lenny Avery, a member of the MLK, Jr. committee and the Executive Director of the Alcona County Commission on Aging will be the discussion leader.

To request the link for the March 2 discussion, email abelovedcommunity.alpena@gmail.com

Owned: A Tale of Two Americas.

This documentary explores how the American housing market has been manipulated for years in discriminatory ways. In an effort to bolster both housing supply and a sluggish post-World War II economy, the U.S. government undertook the most sweeping wealth redistribution project in

history. The idea was to subsidize homeownership in order to help build a robust new middle class centered around the 30-year mortgage.

The documentary can be viewed at <https://www.pbs.org/video/owned-a-tale-of-two-americas-vlyf9h/>

The documentary is about an hour and a half long.

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