



MAY 2022
Program Guide
989-358-7207



You are as welcome as the flowers in May.

Charles Macklin

Let's welcome these new members to
The Association of Lifelong Learners.

Judy Burns

Jan Knisely-Simons

Marc Simons

Michelle LaBar

The ALL office prefers that you register for a program but if things change in your schedule don't hesitate to just show up.

A modest donation from guests for the value of your experience is greatly appreciated.

NOTE: If the college is closed for any reason (snow, lack of power, etc) programs in Briggs Center are cancelled.

One way to access Zoom programs for this month is to go to ALL's website
<http://www.associationoflifelonglearners.org/calendar.html>

Click on Calendar, then click on the date for the program. Scroll until you see the information needed.

Annual Single Membership is \$50 or \$90 per couple from July 1 to June 30.

The opinions expressed by the presenters of an ALL program do not necessarily reflect the views of the Association of Lifelong Learners.

The Association of Lifelong Learners Office Hours are:

Monday & Friday 9 am—12 PM

Tuesday & Thursday 9 am—1 PM

MAY PROGRAMS

MUSICAL JOURNEY THROUGH SOUTH LOUISIANA

TUESDAY, MAY 3

2:00PM

In person at Turning Brook 300 Oxbow Drive Alpena

Coordinator: Evelyn Londo

Phone: 989 595 2440

Zoom connection: Meeting ID:

Passcode:

Enjoy a musical journey through South Louisiana and experience its musical influence on the rest of the world. Sample Swamp Pop and Mardi Gras. Enjoy the culture and the history of the Cajun and Zydeco Bands.

Don and Evelyn Londo have spent three springs in South Louisiana experiencing the culture and music of the area. Their journey has included dance halls, auditoriums, jam sessions and Buck and Johnnies, Zydeco Breakfast. Join with them and enjoy the Cajun Land's "Joie de vie (Joy of life)

THE NEW FACES of SPRING

THURSDAY, MAY 5

1:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Sandy Paquette

989 354 3906

Zoom host: Judy Hompstead

Zoom connection: Meeting ID: 862 9211 5582 Passcode: 549594

With the help of Mary Kay Cosmetics we will be doing eye looks with a complimentary cheek color and lipstick! Maybe also color code you with a perfect foundation for the perfect look for spring?

Sherryl Kelly is an independent beauty consultant with Mary Kay! I am looking forward to having you try a great Mother's Day look.



EVERGREEN CEMETERY HISTORIC FEATURES

TBD

10:00 AM

Park at the Cemetery Chapel.

Coordinator: Judy Hompstead

Limited to 25

This will be a walking tour through Evergreen Cemetery. Along the way the historic design will be noted; the results of lack of early record keeping; customs of use, and past features now gone will all be pointed out.

Marcia Simmons attended high school and community college in Alpena. She has had a longtime interest in local history with an initial focus on documenting the burial locations of the local Civil War Veterans, over 170 in Alpena County. Marcia has done history related presentations at the George N. Fletcher Public Library.



THE SHIP THAT TIME FORGOT

TUESDAY, MAY 10 6:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Judy Hompstead 989-358-7202

Zoom host: Ron Young

Zoom connection: Meeting ID: 847 3587 4349 Passcode: 251456

In May of 1953, the freighter Henry Steinbrenner sank in a storm on Lake Superior with the loss of 17 sailors. However, her story has been largely been overlooked after the initial headlines immediately following her sinking. Come learn about her loss and the dramatic rescue of 16 of her crew and remember a veteran lake boat that has been forgotten by history.

As a local history teacher and part time Great Lakes sailor, **Jeff Thomas** draws on both experiences to tell the story of Great Lakes shipwrecks. He finds the small details that bring the stories to life in a story-telling experience that puts the viewer "in the moment" of these dramatic tales.



HIKING SPITLER NATURAL AREA, SEEKING DWARF LAKE IRIS

THURSDAY, MAY 12

10:00 AM

SPITLER SHORE NATURE AREA PRESQUE ISLE

From Alpena, take US 23 to Grand Lake road to Presque Isle. Turn right on Kauffman Road. Proceed about ½ mile to the nature area sign on the left. I recommend we park on the road berm on the area side of the road (best to turnaround and park).

Coordinator: Mark Kinney

989 595-3667

The Spitler Shores Nature area's 50+ acre wooded tract fronts on Lake Huron. It comprises diverse woodland with many kinds of waterfowl. We will hike about one mile within the woods and then transition to the adjoining Crystal Point area trails of Presque Isle Harbor Association to see Dwarf Lake Iris. We will then travel to Birch Hill Store for lunch. Purchase lunch or bring a bag lunch. Birch Hill can serve you when you arrive or order at www.birchhillgrocery.com or call (989) 595-0595. Rain date is Saturday, May 14. I expect a three mile hike with options for less.

Mark Kinney has lived with his wife Nancy in Presque Isle for over 20 years and has hiked all of these woods many times. He loves to take photographs of nature.



MOVEABLE FEAST

FRIDAY, MAY 13

1:00 PM

APPLEBEE'S

1468 M 32 W

Coordinator: Sue Nagy

Phone: 989 736 7105

Applebee's Neighborhood Grill & Bar offers a lively casual dining experience combining simple, crave able American fare, classis drinks and local drafts. Think about bringing along a friend and introduce them to ALL. Just let either the office (358 -7207) or Sue know that you are coming.



THE UNAVOIDABLE AMERICAN ECONOMIC TRAINWRECK

MONDAY, MAY 16

1:00 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Wanda Discher

Phone: 989-742-3222

Zoom host: Tyler Winowiecki

Zoom connection: Meeting ID: 823 5977 6846

Passcode: 750282

30 trillion dollar deficit! 8.5% inflation! Medicare Trust Fund depleted. Social Security Trust Fund will be out of funds by 2033! More than 60% of the Federal budget goes to transfer payments . Does anybody care? Is anyone paying attention? We will discuss these and other serious issues, the tough solutions, or does it even matter?

Joe Gentry is the Executive Director of the United Way, former ACC adjunct professor—Economics and current ACC Trustee.

DESIGNER DO WITH A GROCERY STORE BOUQUET

TUESDAY, MAY 17

1:00 PM

M Brigg Ctr (In person and Zoom)

Cost: \$5.00

Coordinator: Kathy Crawford

Phone: 989-370-3819

Zoom host: Judy Hompstead

Zoom connection: Meeting ID: 815 9603 9076 Passcode: 644156

Doreen Thomas, CF, will demonstrate the basics of making a professional arrangement using that fresh bouquet that you just picked up from Meijer's or Walmart. Today's program takes it a step beyond that line, "oh I just stuck them in a vase!" Find the Designer Do In You with today's program. And if you're lucky, you might take home a fresh arrangement too! Call today to reserve your spot (989)358-7207. Note that there is a \$5 fee for this session.

Doreen Thomas, CF, owns Classic Designs, a small boutique floral shop in downtown Alpena. In addition to offering the traditional wedding, funeral and floral decorating services, Classic Designs has a range of unique gift items

perfect for baby or wedding showers. The shop also offers specialty handcrafted items. Need a little something special? Classics designs should be your first stop.



FOCUS ON FUN CAMERA CLUB

WEDNESDAY, MAY 18

1:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Jeanette Vredenburg

989 - 471 - 2997

Zoom host: Mark Kinney

Zoom connection: Meeting ID: 847 0459 7928 Passcode: 635146

Picture an informal monthly meeting where you share the joy of photography. From beginning photographers to experts, members have widely varying degrees of photographic expertise and experience and are willing to share their knowledge. This month we will continue experimenting with night photography using the information sent this month about camera settings, and experimenting with moon, milky way, and light painting. Second we will focus on the unfolding of spring time. Take your photos of what is new that catches your eye. Come join us, you will be welcomed.



THE SALVATION ARMY - MORE THAN BELLRINGING

THURSDAY, MAY 19

10:00 AM

M. Briggs Ctr (in person and Zoom)

Coordinator: Linda Jewell

989-340-1137

Zoom host: Judy Homestead

Zoom connection: Meeting ID: 868 2996 5374 Passcode: 561864

This presentation will take you through the history of The Salvation Army world wide and local. You will see that they are more than bellringers and thrift stores. The Army is an international organization that serves the community that they are in with the services that are needed including disasters. You will learn how the Army has worked to fight for those in need and the forgotten.

Major Prezza Morrison has served in the Army since 1985 and Alpena since 2020. She has served in over 15 cities in the Midwest. September 11th and Hurricane Katrina were two of the disasters Major has served. Major seeks to collaborate with others so that more people can be served fully.

CREATING A FUTURE WITH GOOD MENTAL AND PHYSICAL HEALTH

MONDAY, MAY 23

10:30 AM

M. Briggs Ctr (in person and Zoom)

Coordinator: Marcia Connolly

989 356 -22582

Zoom host: Judy Hompstead

Zoom connection: Meeting ID: 864 8196 5041 Passcode: 275050

Come learn about local emergency and support services and how to access them through 211. In addition Partners in Prevention provides training to build competence as a parent, caregiver, educator, human services provider, youth worker, minister or employer. There are also programs on suicide prevention, mental wellness and fetal alcohol spectrum disorder. There is much to be learned about this agency and its far reaching programs of community support.

Mary Schalk, Program Director for Partners in Prevention, began her career in this organization as a volunteer in 1993 with Maggie Clay who was well known to the local human services and educational community. Mary now plans and provides training programs in Alpena, Alcona, Montmorency and Presque Isle counties with help from local and state wide organizations.

CRUISING POST-COVID

TUESDAY, MAY 24

1:30 PM

M. Briggs Ctr (in person and Zoom)

Coordinator: Maureen Brown

989-464-3865

Zoom host: Ron Young

Zoom connection: Meeting ID: 821 7013 4418 Passcode: 728074

This program will present a snapshot of what it was like to "cruise" in a near post-COVID environment, including on-board protocols and comparison to "normal". The program will also discuss the full transit of the Panama Canal (new locks) and the traveler's perspective of visits to Cartagena, Colombia; Fuertes Amador, Panama; Puntarenas, Costa Rica; and Cabo San Lucas, Mexico.

Rocky Roland is an inveterate traveler (with his wife Ginny). They have been married for 50 years and their passion for travel was fueled by their experiences living overseas while Rocky was a pilot in the USAF. They have lived and worked in Germany, Thailand, Korea, and China and in the last several years have visited more than 100 countries in their travels. Rocky and Ginny often share their travel experiences with the Association of Lifelong Learners. A typical member of the Lifelong Learners, Rocky likes to read and learn about new things and to share the fruits of his curiosity and travel with others.

THE UNIQUE CITY OF SAN FRANCISCO--A VISTOR'S VIEW

WEDNESDAY, MAY 25

7:00 PM

M. Briggs Ctr (Zoom only) Will Not Be in the Briggs Center

Coordinator: Rocky Roland 512 718-9666

Zoom host: Ron Young

Meeting ID: 896 1608 2147

Passcode: 399152

This is a visitor's introduction to the unique city of San Francisco. The presentation will cover the early history of San Francisco, the history of Chinatown, Nob Hill Mansions, Telegraph Hill, Lily Coit and Coit Tower, Lombard St., the Marina District, the 1915 World's Fair, the Palace of Fine Arts, and finally ending with the Golden Gate Bridge. These images and the narration were compiled for people who may not be able to get to the city...or want to bring back fond memories of a prior visit. Join us for an expert's view of his favorite city - San Francisco.

Reed Kirk Rahlmann is a San Francisco writer, historian, and owner of Small Car Big Time Tours. His father and grandfather were native San Franciscans, a distinction denied him as he was born and raised in the SF suburbs. Still, he has always felt a kinship to San Francisco, moved there as soon as he was able, and has spent his adult life studying and exploring this unique city. He gives tours of San Francisco and the Bay Area in a convertible MINI Cooper, the only one in the country registered as a commercial vehicle. When he and his wife travel, they rarely take tours, and he created his company to be the sort of tour he would take if he was visiting San Francisco.



THE "FLOWER" SHOP

THURSDAY, MAY 26

10:00 AM

909 W. Washington

Alpena

Limited to 25 participants

Coordinator: Judy Hompstead

Aches and pains, anxiety, insomnia - are those some of your issues? Come visit Neighborhood Provisions to learn how medical cannabis can alleviate these debilitating ailments. This program will include informal presentations on how to best incorporate these natural remedies into your life. After this you will have a chance to peruse the showroom with your own personalized guide or wander by yourself. Participants will receive a gift and enjoy a discount on purchases.

Kevin Currier is an Alpena native who returned to his home town to start a family business to help educate, advocate, and collaborate in bringing a happier and healthier way of life in Alpena.

GUIDED WATER PADDLE TOUR OF THE ALPENA WILDLIFE SANCTUARY

THURSDAY MAY 26

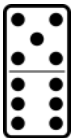
2:00 PM

(Rain Date is Friday May 27th at 2 pm.)

Bring your kayak or canoe and explore many places in the Alpena Wildlife Sanctuary, our in-town wildlife sanctuary, including special out of the way places only seen from the water. Discover some of the nature and wildlife that abounds in our midst. The Alpena Wildlife Sanctuary is 443 acres of water and islands, including Island Park, of the Thunder Bay River between Chisholm Street and Bagley Street. Guided by Tom Orth, we will also talk some about photography opportunities in the Sanctuary. For May, we will start from the boat launch at the west side of the Fairgrounds on 11th Ave. (Closest to Washington Ave./ M32). We will be taking care to clean our water craft thoroughly for any invasive species that might be hitching a ride out.

Tom Orth is a member of the Alpena Wildlife Sanctuary Board, the city of Alpena board that cares for the Sanctuary, helping to preserve it and maintain it as a spot for quiet recreation in the midst of Alpena. He has been paddling on the waters of the Sanctuary for nearly 16 years and seriously photographing there the last few. When not on the water, he is the pastor of Grace Lutheran Church in Alpena.

GAMES AND CARDS



MEXICAN TRAIN EXPRESS DOMINOES

TUESDAYS, MAY 3,10,17,24,31 9:30 AM to 11:30 AM

M. Briggs Ctr

Coordinator: Eileen Wikaryasz Phone: 989 340 0608

Ready for a fun, addictive and fast-moving game that has lots of surprising twists and turns? Join us for Mexican Train Express!

You may join our class any time during the year.



PINOCHLE

WEDNESDAYS, MAY 4,11,18,25 12:30 PM TO 3 :00 PM

M. Briggs Ctr

Julie Byrnes is inviting you to join her and others in single deck Pinochle on Wednesdays in May.



CONTRACT BRIDGE

FRIDAYS, MAY 6,13,20,27 12:30 PM to 3 PM

M. Briggs Ctr

This is an ongoing group of varied players who welcome any players at any time. We are a teaching class but we also welcome experienced players.

ONGOING PROGRAMS



PICKLEBALL at the APLEX

MONDAY, WEDNESDAY AND FRIDAY 9 AM TO 11 AM

Pickleball continues. Call the Aplex for additional information:
354- 6164 Aplex fees apply.



BEGINNING MODERN SQUARE DANCE LESSONS

WEDNESDAYS, MAY 4,11,18,25 5:30 TO 7:30 PM

M. Briggs Center

Coordinator: Katie Taylor

Phone: 803 292 9613

Fee: first lesson is free. Members \$5/session

Nonmembers \$7/session

New Class Being Formed and Continuing for Experienced Dancers

Let's Dance! Learn how to square dance. Super fun for all ages -- 6 to 106. Great health, brain, and balance benefits. If you can walk you can square dance. Don't have a partner? You're in luck, you don't need one! It's probably not what you learned in school. If you are not an ALL member there is an additional \$2.00 fee per lesson. The first half hour will consist of a workshop for advanced dancers and the rest of the time will be lessons for the new dancers. Lessons will be taught by either **Wayne and Jan Pelmeier** from Lake Isabella, MI or **Tom Kaiser** of Sacramento, CA. (Tom will be on Zoom.) Both are very experienced callers, teachers, and members of CallerLab (International Assoc of Square Dance Callers).

Did you miss one of our programs? Check out the *new* offerings on [YouTube](#)

The Key to Resilience with Jackie Krawczak

Great Lakes Ghosts with Jeff Thomas

Sheriff Charles Lynch Fund

Introduction to Alpena's Combat Readiness Training Center with Colonel Rossi

Why Not Open Borders Part II with Olin Joynton

Dementia Friends—How to Be One with BJ Sanders

Fatal Crossings—Lost Railroad Car Ferries of the Great Lakes with Jeff Thomas

Speech Pathology Services in Alpena with Devon Burke

Conservation Starts on Your Property with Heather Rawlings

TO ACCESS: go to associationoflifelonglearners.org

Scroll half way down page and then click on All's YouTube channel

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Dominos 9:30 am Musical Journey Through S. Louisiana 2 pm Turing Brook	4 Pinochle 1—3:30 pm Square Dancing 5:30 pm	5 The New Faces of Spring 1:30 pm	6 Contract Bridge 12:30 pm	7 Evergreen Cemetery Historical Features 10 am
8	9	10 Dominos 9:30 am The Ship That Time Forgot 6:30 pm	11 Pinochle 1—3:30 pm Square Dancing 5:30 pm	12 Hiking Spitter Nature Area, Seeking Dwarf Lake Iris 10 am	13 Contract Bridge 12:30 pm Moveable Feast Applebee's 1 pm	14
15	16 The Unavoidable American Economic Trainwreck 1 pm	17 Dominos 9:30 am Designer Do With a Grocery Store Bouquet 1 pm	18 Pinochle 1—3:30 pm Camera Club 1:30 pm Square Dancing 5:30 pm	19 The Salvation Army— More Than Bellsringing 10 am	20 Contract Bridge 12:30 pm	21
22	23 Creating A Future with Good Mental Health & Physical Health 10:30 am	24 Dominos 9:30 am Cruising Post-Covid 1:30 pm	25 Pinochle 1—3:30 pm The Unique City of San Francisco— A Visitor's View 7:00 pm Zoom Only Square Dancing 5:30 pm	26 The "Flower" Shop 10 am	27 Contract Bridge 12:30 pm	28
29	30	31 Dominos 9:30 am				



665 Johnson St.
Madeline Briggs Building
Alpena, MI 49707